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Review Article

Review Article of *Mahagandhahasti* Agada

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as the science and time advance. Different pathies based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is a science that has specific doctrines based on which it flourishes. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for <i>visha</i> is called Agada. So, in this research paper, <i>Mahagandhahasti</i> agada is one of them. So, this paper aims to present the details of <i>Mahagandhahasti</i> agada.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 29-01-2025 ▪ Accepted: 22-02-2025 ▪ Published: 19-03-2025 ▪ IJCRM:4(2); 2025: 66-71 ▪ ©2025, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
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KEYWORDS: Mahagandhahasti Agada, Oushada Yogas, Agadatantra, Cinnamomum Tamala

INTRODUCTION

The drug is said to be ideal which cures diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach to the complete knowledge of the drugs, right from the procurement, identification, processing, and application. Every physician might know the medicinal value of every drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatments of poisonous cases are known as 'Agada'. Only few *oushada yogas* are used at present to treat Snake poisoning. The reason for the above matter is the

non-availability and controversy of the ingredients included in the *oushada yogas* mentioned in the classical texts.

In Ayurveda, There are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the Agadas (Antidot). *Mahagandhahasti* agada is one special drug for visha.

MATERIAL AND METHODS

Ayurvedic view of *Mahagandhahasti* agada. So, details of *Mahagandhahasti* agada are as follows -
Mahagandhahasti Agad

S. No.	Name of the Drug	Latin Name	Family	Properties (Ayurveda)	Properties (Modern)
1.	Patra	<i>Cinnamomum tamala</i>	<i>Lauraceae</i>	Rasa: katu, tikta, madhur Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kapha, pittakara	immunosuppressive, antidiabetic, antibacterial, antiparasitic, antimicrobial, anti-HIV, antiulcer, antidiabetic, hyperlipidemic, anti-inflammatory, immunomodulatory, antitumour, antityrosinase, anti-oxidant, hepatoprotective, gastroprotective
2.	Aguru	<i>Aquilaria agallocha</i>	<i>thymelaeaceae</i>	Rasa: katu, tikta Guna: laghu, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	stimulant, antiasthmatic, carminative, tonic, aphrodisiac and astringent
3.	Musta	<i>Cyperus rotundus</i>	<i>Cyperaceae</i>	Rasa: katu, tikta, kashaya Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: Pittakaphahara, Shleshmaraktajit	Anti-inflammatory, wound healing activity, antimicrobial, anti-platelet, anti-malarial, anti-convulsant, hepatoprotective, antiobesity, antidiabetic, antioxidant
4.	Ela	<i>Elettaria cardamomum</i>	<i>Scitamineae</i>	Rasa: katu, Madhur Guna: laghu, ruksha, Virya: shita Vipaka: katu Doshakarma: Kapha- Vatahara	antiallergic and anti-inflammatory, antiseptic
5.	Raal	<i>Shorea robusta</i>	<i>Dipterocarpaceae</i>	Rasa: tikta, kashaya Guna: guru, snigdha Virya: shita Vipaka: katu Doshakarma: vata- pittahara	Anti-diarrhoeal, Anti-dysenteric, Anti-bacterial activity, Anti-microbial
6.	Guggulu	<i>Commiphora wightii</i>	<i>Bursaceae</i>	Rasa: tikta, katu Guna: ruksha, laghu Virya: ushna Vipaka: katu Doshakarma: tridoshahara	Anti-helminthic, aphrodisiac, antiobesity, anti-inflammatory, anti-tumor
7.	Ahiphena	<i>Papaver Somniferum</i>	<i>Papaveraceae</i>	Rasa: kashaya, tikta Guna: Laghu, Ruksha, Sukshma, Vikashi, Vyavayi Virya: ushna Vipaka: katu Doshakarma: kaphahara	sedative
8.	Shilajeeta	<i>Fulvic acid (asphaltum)</i>		Rasa: katu, tikta Virya: ushna Vipaka: madhur/ katu Doshakarma: tridoshahara	Antioxidant, anti-inflammatory, memory enhancer, anti-ageing, aphrodisiac, anxiolytic, antiallergic, immunomodulator, antifungal, analgesic
9.	Lobaan	<i>Styrax benzoin</i>			antiseptic, anti-inflammatory, antidepressant, analgesic
10.	Chandana	<i>Santalum album</i>	<i>Santalaceae</i>	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: kapha- pitta shamaka	Anti-bacterial, anti-viral, antifungal, antioxidant, antipyretic, haemostatic, cooling
11.	Sprikka	<i>Delphinium zaili/ Anisomeles malabarica</i>	<i>Lamiaceae</i>	Rasa: tikta Virya: shita	Anti-cancer, analgesic, anti-helminthic, anti-allergic, anti-anaphylactic, antibacterial, antiecdemic, antihistaminic, anti-inflammatory, antiseptic, antibiotic

12	Tvak	<i>Cinnamomum zeylanicum</i>	<i>Lauraceae</i>	Rasa: katu, tikta, madhur Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kaphara, pittakara	Antioxidant, anti- inflammatory, antidiabetic, antimicrobial, anticancer, lipid-lowering, and cardiovascular-disease-lowering
13.	Nalada	<i>Vetiveria zizanioides</i>	<i>Graminae</i>	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: vata- pittahara	antibacterial, antifungal, anticataleptic, analgesic and anti-inflammatory, anti oxidant
14.	Utpala	<i>Nymphaea nouchali</i>	<i>Nymphaeaceae</i>	Rasa: kashaya, Madhur, tikta Guna: laghu, snigdha, picchila Virya: shita Vipaka: madhur Doshakarma: Kapha- pittahara	diuretic, anti diabetic, and anti-inflammatory
15.	Balaka	<i>Valeriana wallichii</i>	<i>Valerianaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: laghu, snigdha Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
16.	Harenuka	<i>Vitex negundo</i>	<i>Lamiaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: Kapha- Vatahara	anti-inflammatory, analgesic, and wound-healing, Anti-inflammatory, CNS depressant, Antifungal, Wormicidal, Antiallergic
17.	Usheera	<i>Vetiveria zizanioides</i>	<i>Graminae</i>	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: vata- pittahara	antibacterial, antifungal, anticataleptic, analgesic and anti-inflammatory, anti oxidant
18.	Vanya	<i>Cyperus rotundus</i>	<i>Cyperaceae</i>	Rasa: katu, tikta, kashaya Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: Pittakaphahara, Shleshmaraktajit	Anti- inflammatory, wound healing activity, anti-microbial, anti- platelet, anti- malarial, anti- convulsant, hepatoprotective, antiobesity, antidiabetic, antioxidant
19.	Nakha	<i>Nails of tiger</i>			
20.	Devadaru	<i>Cedrus deodara</i>	<i>Pinaceae</i>	Rasa: tikta, katu, kashaya Guna: ruksha, laghu Virya: ushna Vipaka: katu Doshakarma: Kapha- vatahara	anti-allergic and anti-inflammatory, anticonvulsant, antiulcer, carminative, analgesic, antimicrobial
21.	Kanaka	<i>Mesua ferrea</i>	<i>Guttiferae</i>	Rasa: Kashaya, tikta Guna: ruksha, tikshna, laghu Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	anti-oxidant, anti-inflammatory, anti-arthritis, antifungal, anticonvulsant, anti-ulcer, wound healing, antivenom, disinfectant, diuretic, herbal formulation, anticancer, prevention of COPD, antidiabetic, immunomodulatory, hormone balancing
22.	Kunkuma	<i>Crocus sativus</i>	<i>Iridaceae</i>	Rasa: katu, tikta Guna: snigdha Virya: ushna Vipaka: katu Doshakarma: tridosahara	antiviral, antimicrobial, antioxidant, anti-cancer, anti-inflammatory
23.	Dhyamaka	<i>Valeriana pyrolifolia</i>	<i>Caprifoliaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: Kapha- Vatahara	Antibacterial, antioxidant, sedative, hypnotic, antispasmodic, analgesic, antidepressant, anxiolytic
24.	Kushtha	<i>Saussurea lappa</i>	<i>Asteraceae</i>	Rasa: tikta, katu, madhura Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
25.	Priyangu	<i>Callicarpa macrophylla</i>	<i>Verbenaceae</i>	Rasa: Tikta, Kashaya, Madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: tridoshashamaka	Anti-inflammatory, antibacterial, analgesic, anti- arthritic, antifungal, antidiabetic, Cytotoxic, acute toxicity and phytotoxic activity, Hepatoprotective
26.	Tagara	<i>Valeriana walichi</i>	<i>Valerianaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: laghu, snigdha Virya: ushna Vipaka: katu	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective

				Doshakarma: kapha-vata shamaka	
27.	Shirisha panchang	<i>Albizia lebbek</i>	<i>Fabaceae</i>	Rasa: kashaya, tikta, Madhur Guna: laghu, ruksha, Tikshna Virya: ishath ushna Vipaka: katu Doshakarma: tridosahara	Anti-inflammatory, healing agent, antidote, blood purifier and strengthens gums and teeth vermicidal, semen inspissant resolvent and improves vision Anthelmintic, removes the derangement of phlegm bile, anti-diarrheal, anti- Catarrhal, Anti histaminic, Analgesic, Allergic conjunctivitis, Anti convulsive, Anti-bacterial, Antimicrobial, cytotoxicity and free radical scavenging
28.	Shunthi	<i>Zingiber officinale</i>	<i>Zingiberaceae</i>	Rasa: Kaṭu Guna: laghu, snigdha Virya: ushna Vipaka: madhura Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
29.	Pippali	<i>Piper longum</i>	<i>Piperaceae</i>	Rasa: Kaṭu, madhur Guna: laghu, snigdha Virya: anushna Vipaka: madhur Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
30.	Maricha	<i>Piper nigrum</i>	<i>Piperaceae</i>	Rasa: Kaṭu Guna: laghu, ruksha, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
31.	Haritala	<i>Arsenic trisulphide (Orpiment)</i>		Rasa: Kasaya, katu Guna: snigdha Virya: ushna Vipaka: katu	Anti- asthmatic, Anticonvulsant
32.	Manahshila	<i>arsenic disulphide (Realgar)</i>		Rasa: tikta, katu Guna: snigdha, ushna, guru Virya: ushna Vipaka: katu Doshakarma: Kapha-vatahara	
33.	Ajaji	<i>Cuminum cyminum</i>	<i>Umbelliferae</i>	Rasa: katu Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vatahara, pittakara	Analgesic, anti- inflammatory, antispasmodic, antihelminthic, antioxidant
34.	Shveta	<i>Clitoria ternatea</i>	<i>Fabaceae</i>	Rasa: tikta, katu, kashaya Guna: Tikshna, laghu, ruksha Virya: shita Vipaka: katu Doshakarma: tridosahara	anxiolytic, anti inflammatory, analgesic, anti-microbial and anti carcinogenic, CNS Depressant, nephroprotective and anti-Stress, antihistaminic, diuretic, hepatoprotective
35.	Katabhi	<i>Achyranthes aspera</i>	<i>Amaranthaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha, Tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	antibacterial, antifungal, a laxative, an antioxidant, a diuretic, a pain reliever, and an antipoison
36.	Karanja	<i>Pongamia pinnata</i>	<i>Fabaceae</i>	Rasa: tikta, Kaṭu, kashaya Guna: laghu, tikshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antibacterial,, antipyretic, hypoglycaemic, wound healing
37.	Latakaranja	<i>Caesalpinia crista</i>	<i>Caesalpinaceae</i>	Rasa: tikta, kashaya Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: tridosahara	Anti- helminthic, anti- viral, antifungal, anti- inflammatory, analgesic
38.	Rakshoghni	<i>Brassica campestris</i>	<i>Brassicaceae</i>	Rasa: Kaṭu, tikta Guna: laghu, snigdha Virya: ushna Vipaka: madhura Doshakarma: kapha-vata shamaka, pittakara	antiallergic and anti-inflammatory, anti-toxic, antihelminthic, antibacterial, antiseptic
39.	Sindhuvarika	<i>Vitex negundo</i>	<i>Lamiaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: Kapha- Vatahara	anti-inflammatory, analgesic, and wound-healing, Anti-inflammatory, CNS depressant, Antifungal, Wormicidal, Antiallergic

40.	Rajani	<i>Curcuma longa</i>	<i>Zingiberaceae</i>	Rasa: tikta, katu, Guna: laghu, ruksha Virya: ushna, Vipaka: katu Doshakarma: Kapha-pittahara	Anti-inflammatory, antibacterial, antidiabetic, anthelmintic, hepatoprotective, hypo- lipidemic, antihistaminic, antifungal
41.	Surasa	<i>Ocimum sanctum</i>	<i>Lamiaceae</i>	Rasa: katu, Tikta Guna: laghu, ruksha, tikshna Virya: ushna, Vipaka: katu Doshakarma: vata- kafahara, pittakara	antimicrobial, anti-allergic and anti-inflammatory, anti-stress, anti- cancer, anxiolytic and anti-depressant
42.	Anjana	<i>rasanjana</i>			
43.	Gairika	<i>red ochre</i>		Rasa: Madhur, kashya Guna: snigdha, Virya: shita Vipaka: Madhur, Doshakarma: kapha-pitta shamaka	
44.	Manjishtha	<i>Rubia cordifolia</i>	<i>Rubiaceae</i>	Rasa: tikta, kashya, Madhura Guna: guru, ruksha Virya: ushna, Vipaka: katu Doshakarma: kafa pittahara	Anti- inflammatory, analgesic and antioxidant
45.	Resin of nimba	<i>Azadirachta indica</i>	<i>Meliaceae</i>	Rasa: Tikta, Kashaya Guna: laghu, ruksha Veerya: shita Vipak: katu Doshakarma: pitta- kafahara	immunomodulatory, anti-inflammatory, antihyperglycaemic, antiulcer, antimalarial, antifungal, antibacterial, antiviral, antioxidant, antimutagenic and anticarcinogenic
46.	Vamshatvak	<i>Bambusa arundinacea</i>	<i>Gramineae / Poaceae</i>	Rasa: Madhura, Kashaya Guna: Laghu, Ruksha, Tikshna Virya: Shita, Vipaka: Madhura Dosha Karma: Kapha- Pitta Shamaka	stimulant, cooling, sweet, tonic, aphrodisiac, hemostatic, expectorant, anti-cough, diuretic
47.	Ashvagandha	<i>Withania somnifera</i>	<i>Solanaceae</i>	Rasa: katu, tikta, kashaya Guna: snigdha, laghu Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	antistress/adaptogenic, antitumor, tonic, anxiolytic, anti-inflammatory, and antiarthritic
48.	Hingu	<i>Ferula foetida</i>	<i>Umbelliferae</i>	Rasa: Kaṭu, Guna: laghu, ruksha, Tikshna, Virya: ushna Vipaka: katu, Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
49.	Dadhitha	<i>Feronia limonia</i>	<i>Rutaceae</i>	Rasa: madhur, amla Guna: guru, snigdha, Virya: shita Vipaka: madhura Doshakarma: vata- pitta shamaka	antibacterial, antiviral, anti-diarrheal, gastro-protective, anti-ulcerative colitis, hepatoprotective, antidiabetic, cardioprotective
50.	Amlavetasa	<i>Garcinia pedunculata</i>	<i>Guttiferae/ Cluceaceae</i>	Rasa: amla Guna: laghu, ruksha Virya: ushna Vipaka: amla Doshakarma: vatahara, pittakara	Antipyretic, antioxidant, cardiotonic, carminative, anti-helminthic
51.	Laksha	<i>Laccifer lacca</i>		Rasa: kashaya Guna: laghu, snigdha Virya: shita Doshakarma: kafa- pittahara	Anti- inflammatory, anti- arthritic, anti- dysentric, hemostatic, hepatoprotective
52.	Madhu	<i>honey</i>			
53.	Madhuka	<i>Glycyrrhiza glabra</i>	<i>Leguminocae</i>	Rasa: madhura Guna: guru, snigdha Virya: shita Vipaka: madhur Doshakarma: Tridosahara	anti-fungal, antihypertensive, hepato- protective, anti-cancerous, diuretic activity
54.	Somaraji	<i>Psoralea cordifolia</i>	<i>Fabaceae or Leguminosae</i>	Rasa: katu, tikta Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	Anti-acne, Antibacterial Antifungal, Antioxidant Anticancer, Retinal regeneration Anti-aging, Estrogen receptor agonist, Postmenopausal symptoms, Anti-diabetic Lymphangiogenesis inhibition Anti-Alzheimer
55.	Vacha	<i>Acorus Calamus</i>	<i>Acoraceae</i>	Rasa: Katu, Tikta Guna: Laghu, Tikshna Virya: Ushna Vipaka: Katu Dosha Karma: Vata- Kaphahsama, Pittavardhak	Nootropic Activity, Anti-diabetic, Anti-Obesity, Antihypertensive, Antidepressant, Anti-Inflammatory and Immunomodulatory, Neuromodulatory Effect, Anti-seizures
56.	Ruha	<i>Cynodon dactylon</i>	<i>Graminae</i>	Rasa: madhur, kashaya Guna: Laghu Virya: shita Vipaka: madhur Dosha Karma: kafa- pitta shamaka	pungent, bitter, fragrant, heating, appetizer, vulnerary, anthelmintic, antipyretic, alexiteric

57.	Rochana	<i>bile of cow</i>		Rasa: Tikta Guna: ruksha Virya: hima	
58.	Tagara	<i>variety of Valeriana wallichii</i>	<i>Valerianaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: laghu, snigdha Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective

Method of preparation

All the above drugs are taken in equal quantity

↓
Made into fine powder

↓
In pushya nakshatra ground with gau pitta

↓
Tablets are made

Indications:

1. Eye diseases like *pilla, kandu, timira, ratri andha, kacha, arbuda* and *patala*.
2. *Vishama jwara*, indigestion, *dadru, kandu*, choleric diarrhea and pama.
3. Ailments caused by the poisons of rats, spiders, all types of snakes and
4. Poisons from all types of roots and rhizomes.

Mode of administration:

1. Pana
2. Anjana
3. Pralepa

CONCLUSION

- *Mahagandhahasti* agada is best for any disorders due to visha.
- It removes all the toxicity of any visha.
- It is applicable as external and Internal.

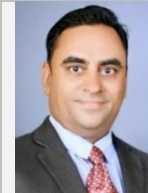
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14. Visha vaidya jyotsnika
15. Bhavaprakash Samhita
16. Yog Ratnaker
17. Sharangdhara samhita
18. Kashyapa samhita
19. Chikitsa kalika
20. Internet source.

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