



Research Article

Thomas Kuhn's Theory - The Phases of Scientific Revolutions and It's Educational Implications

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Abstract

This paper examines Thomas Kuhn's 1962 book *The Structure of Scientific Revolutions* and its scientific progress theories. It looks at some of Kuhn's most important ideas, like the difference between normal and revolutionary science, the role of paradigms, and the four stages of a scientific revolution: pre-paradigm, normal science, crisis, and scientific revolution. The study shows how Kuhn's ideas have changed the philosophy of science, mainly the ideas of paradigm changes and incommensurability. Kuhn's theory changed how we think about scientific progress. It moved us away from linear cumulative models and toward a framework that takes into account both the historical and social aspects of science. The last part of this work talks about how important Kuhn's ideas were to scientific progress and the growth of philosophical debate.

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1. INTRODUCTION

Many people think that Thomas Samuel Kuhn (1922–1996) was one of the most important scientists to think about in the 20th century. The *Structure of Scientific Revolutions* (1962), which he wrote, is one of the most important academic books ever and is also often mentioned. Kuhn argued against the positivist view of science that was popular at the time and turned the focus to how scientific knowledge has changed over time. He suggested that science moves forward by going through times of steady, routine work followed by periods of big changes. The idea of incommensurability is a central part of his theory that is often argued over. It says that scientific theories from different times can't always be directly compared using the same standard. This paper looks at Kuhn's ideas and how they have changed the way we think about scientific growth over time.

1. Normal and Revolutionary Science

Thomas Kuhn explains that scientific growth doesn't happen in a straight line. Instead, he says that it goes back and forth between stable times and times of big change. He calls these times "normal science" and "revolutionary science." In normal science, experts work within a framework or paradigm that is already known to work. They are not supposed to question the system as a whole; instead, they are supposed to fix problems

inside it. Kuhn says this process is like figuring out problems, like a crossword or a game of chess, where the rules are already known and skill is more important than coming up with completely new ways to do things. Scientists can slowly gain more knowledge by making small steps forward that add up over time because they are already familiar with both the problems and the ways. On the other hand, revolutionary science is different from this slow process. It happens when current ideas can't explain some strange things that keep happening. At this point, experts begin to question the core principles that form the backbone of their field and there is a paradigm shift. In this phase, unlike normal research, explanations from earlier stages may be thrown out or replaced. Kuhn-loss is when we no longer know things we thought we knew. Some problems we thought we knew how to solve may not have clear answers in the new context.

Kuhn says that these two stages happen over and over again in developed sciences. In normal research, the theories, methods, tools, and assumptions that make up a field stay the same, which lets small steps forward be made. But when strange things keep happening without being explained, a scientific revolution happens. This changes the way fields work and makes way for a new part of normal science.

Normal Phase of Science	Extra-Ordinary phase of science
Textbooks describing theories, laws and facts taught to students in schools. It majorly consists of facts. Great Scientists have contributed to this science. It is Cumulative of all the theories and work of great Scientists. It is body of Knowledge. Kuhn Calls it a "PARADIGM" It is simply puzzle solving, which means selection of right type of pieces will definitely solve the puzzle.	Loosening the rules of research, more experimentation, trying new and new, more creativity, More Randomness, trying new and unique experiments. —Leading to Scientific revolution. Kuhn— "The proliferation of competing articulation, the willingness to try anything, the expression of explicit discontent, the recourse to philosophy and to debate over fundamentals, all these are symptoms of a transition from normal to extra-ordinary Research.

2. Concept of Paradigm

Kuhn's framework in *The Structure of Scientific Revolutions* is based on the role of a certain part within the disciplinary matrix: the agreement on what the best scientific works are. In this more specific sense, Kuhn uses the word "paradigm" to refer to these examples of well-known science. He shows this with examples from Aristotle's study of motion, Ptolemy's models of the planets, Lavoisier's use of the chemical balance, and Maxwell's description of the electromagnetic field. These examples are kept alive in important scientific books and magazines, which is why Kuhn often calls major works like Ptolemy's *Almagest*, Lavoisier's *Traité élémentaire de chimie*, and Newton's *Principia Mathematica* and *Opticks* paradigms. These kinds of books not only explain basic ideas and rules, but they also show how they can be used to solve important problems and include new ways of doing experiments or using maths, like the balance in Lavoisier's *Traité* or calculus in Newton's *Principia*. At the time they were made public, these accomplishments were widely seen and accepted as official standards by the scientific community. Kuhn's thesis is based

on the idea that paradigms are great scientific successes that can be used as examples for further research. Criteria for valid science are set by paradigms, which are shown in foundational works and practices. They serve as mental frameworks that guide research and hold ideas, laws, and applications.

3. Phases of Scientific Revolution

In the afterword to the second edition of *The Structure of Scientific Revolutions*, Thomas Kuhn says that paradigms are the most original part of his work that is also the least understood. He says that common examples, or paradigms-as-exemplars, are a big part of how scientists agree with each other. This idea helps to explain how normal science works, how crises and scientific changes happen, and how things get back to normal in the end. It also shows how a scientific area grows up and becomes a fully developed discipline.

4.1 Pre-paradigmatic Phase

A field doesn't have an agreement when it's in the pre-paradigmatic stage. Schools that are competing argue about

basic issues instead of making practices that everyone shares. Progress stays scattered until one school's method takes the lead, which sets the stage for a collective inquiry. Kuhn says that there is no consensus in a field that is still developing. He often calls this stage the "pre-paradigm" stage. During this time, different schools of thought come up with different ideas, methods, and even spiritual beliefs. There aren't many chances for everyone to make progress because a lot of intellectual work is going into fundamental disagreements instead of building a coherent study tradition. Still, growth is not completely impossible. Sometimes, one school will make a big discovery that solves the problems that rival groups are having in a very convincing way. This kind of success brings in people from competing schools, which makes it possible for a lot of people to agree on the new answer. This agreement goes beyond just solving the puzzle at hand; it also includes the underlying theories, methods, tools, language, and metaphysical beliefs that make up a field's matrix. But the paradigm answer that came out of it doesn't solve all problems. Instead, it usually makes up new problems. Importantly, the paradigm not only brings up these questions, but it also gives us the tools we need to answer them. In the best situations, the techniques that make up the paradigm solution allow for even more progress on the issues it creates.

4.2 Normal Science

Once everyone agrees on a theory, normal science starts to develop. When you start with certain ideas, research turns into puzzle-solving. Scientists are sure that anomalies can be explained, so they don't bother to report them. This phase offers stability, but long-lasting anomalies could eventually make the paradigm less stable. Kuhn (1996, p. 5) says that normal science, which is what most scientists do, is based on the idea that scientists have a good knowledge of the natural world. The community's determination to stick to this idea, even if it costs them a lot of intellectual capital, is what makes this project strong. Because of this, normal science usually fights or hides fundamental new ideas because they threaten its core beliefs. In this way of thinking, a paradigm is what makes scientific research legitimate. Research is mostly about adding to the paradigm by solving the problems it creates.

In this way, a paradigm is a generally agreed upon framework that leads research and sets standards. Things that are hard to solve in puzzles are called oddities. On the other hand, these oddities are usually not seen as reasons to reject the paradigm because scientists are still sure that satisfying explanations will eventually come up. Kuhn calls a lot of scientific work "model drift," which means that researchers are trying to figure out strange things that haven't been explained, often without being aware that they are doing it. Normal science doesn't take a very critical stance, which is important because if all of our efforts were put into disproving established theories, growth would stop. When there are constant outliers and the paradigm stays strong at the same level, the conditions for a paradigm shift appear.

4.3 Crisis and Anomaly

When some problems can't be fixed within the current system, there is a crisis, and people look for other solutions. Even after a lot of work, if a theory doesn't explain why some things keep happening, it causes a crisis that makes the paradigm unstable. At this point, there is a chance of a paradigm shift. If the strange things are fixed, the field goes back to normal science. If they aren't, new ideas and ways of doing things are made, which starts a scientific revolution. So, in this way, oddities help move things forward by creating new ways to look into things.

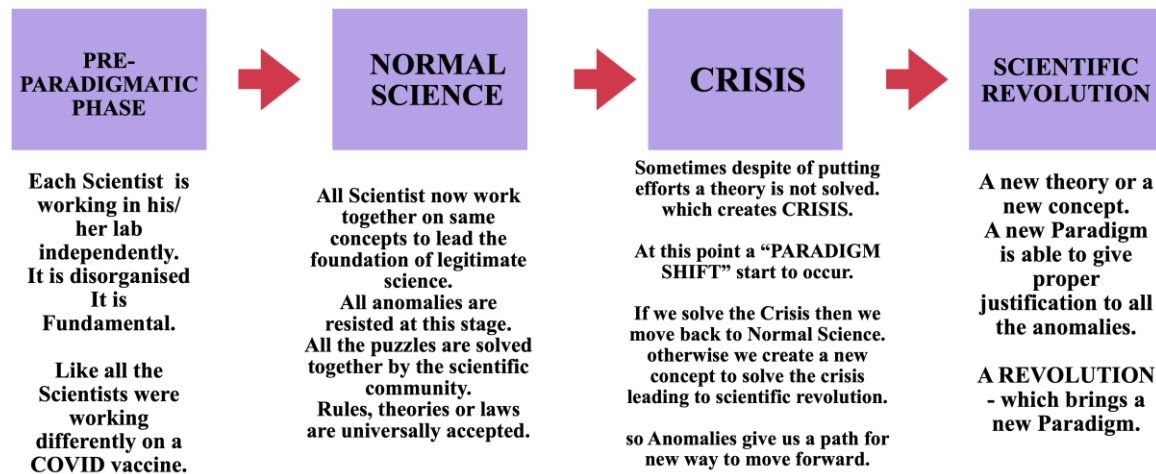
A crisis is serious when strange events challenge the basic ideas of a paradigm and efforts to fix them over and over again fail. Things like this make the rules for using the paradigm less strict, and other ideas start to get more attention. Kuhn calls this stage of science "extraordinary" because it is when many competing theories appear at the same time. If the problems can be fixed within the current paradigm, science can go back to normal. If they can't be fixed, there is a paradigm shift that leads to revolutionary change. Kuhn says that the change from anomalies to crises and extraordinary science starts when they are widely recognised and start to get more attention from top scientists in the field. The start of a new paradigm is when a problem is solved successfully using a new framework, like when quantum mechanics or Newtonian mechanics came along. Anomalies that don't go away can cause crisis that make people lose faith in the dominant system. When there is a crisis, there is amazing science with different theories being put forward. If errors can't be fixed, the field goes through radical changes.

4.4 Scientific Revolution

A new paradigm is eventually set up, but not for reasons that are absolutely logical or compelling. An important part of choosing a worldview is thinking about and researching psychology and society. Most of the time, a new paradigm is accepted because it better explains things that have been seen and provides a framework that seems more in line with reality. But different paradigms aren't thought to be comparable; the rules of one paradigm can't be used to judge the validity of another, and there's no one way to rank paradigms. A Scientific Revolution is the larger term for the set of changes that made modern science possible in the early modern era. Changes in science, biology (especially human anatomy), astronomy, mathematics, and physics have completely changed how people think about the natural world. This intellectual shift began in Europe in the second half of the Renaissance. Nicolaus Copernicus's work *De revolutionibus orbium coelestium* (On the Revolutions of the Heavenly Spheres), which came out in 1543, is often seen as its beginning.

A scientific revolution stops when a new way of thinking about things is accepted. This kind of change isn't just logical; it's also social and mental, as new generations of scientists accept new views. When two or more models are incompatible, they can't fully agree with each other. So, the scientific revolution changes basic beliefs, ways of doing things, and standards for research.

PHASES OF SCIENTIFIC REVOLUTION



4. Educational Implications of Kuhn's theory

Kuhn's theory of scientific changes has big effects on how science is taught and how people understand it in classrooms. People usually think of science as a set of absolute facts. Kuhn disagrees with this view by showing that scientific knowledge is dynamic and affected by past and present events.

One important conclusion is that science should be taught as a field that is always changing. Instead of just teaching results or well-known facts, teachers should also show how science ideas change over time. Students get a better sense of how knowledge is built and changed when they learn how ideas have changed over time. In this way, they can see science as a living, changing thing. The paradigms that Kuhn talks about also say that learning means changing the way you think. A lot of the time, students already have ideas or views about how the world works that they bring to class. These may not always fit with scientific reasons. To avoid this, teachers should focus on helping students rethink and reorganise their ideas instead of just teaching them new things. This way of teaching is similar to constructivist learning, in which students build their own knowledge.

Kuhn's talk about anomalies and crises leads to another important conclusion. Students are told to question and think more deeply when they are given problems or results that don't fit with what they already think. Because of this, inquiry-based and problem-based learning are very good because they encourage students to be curious and think critically. In another section Kuhn discusses the social nature of science. Scientific understanding grows when people in a community talk, work together, and agree on things. This can be shown in the classroom through discussions, group projects, and activities where everyone works together to solve problems. Things like this help kids understand that learning is for everyone, not just one person.

Lastly the idea of incommensurability says that different things may find different ways to solve problems. This affects

collaborative learning, where students need to understand and deal with different points of view. Students can deal with these kinds of differences better if they are encouraged to be open and think in different ways. Kuhn's theory calls for a change in the way we teach so that it is more active, thoughtful, and focused on the students. In this way of teaching, students learn through questioning, talking about, and changing their ideas.

5. CONCLUSION

Thomas Kuhn's idea of scientific revolutions is a great way to think about how scientific knowledge has grown over time. He moved away from the idea that science moves forward in a simple, steady, and accumulative way by bringing up the idea of paradigms. There are big changes in how scientists see and study the world that lead to scientific growth, as Kuhn showed. He said that science usually works within a stable framework called a paradigm, where researchers try to solve problems that fit within ideas that are already known to be true. Over time, some findings or observations might not fit into this plan. When these things build up, they can cause a problem. As a result, there will be a scientific change, during which the old paradigm will be replaced by a new one. These are not small changes. These are big changes in ideas, in way of doing things and in point of view.

It was also brought up by Kuhn that changes in science are not just based on facts and logic. How people accept new ideas depends a lot on their social and political background. Changes in the scientific community, such as the impact of new waves of researchers, often happen at the same time as changes in the way scientists think. This proves that science is both a scientific pursuit and a social one. The idea of incommensurability is another important part of Kuhn's theory. This means that different paradigms may not be directly compared. It can be hard to judge one worldview by the standards and ideas of another because they are different. This makes me wonder about the truth and neutrality of science.

Kuhn's work helps us understand how science has changed over time in a more realistic way. His theory is still very useful because it shows the stages of normal science, crisis, and change, as well as how social and historical factors have an effect. It is still an important way to think about how science knowledge grows and changes over time.

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