



Review Article

Review Article of *Gandhahasti Agada*

**Dr. Kanchan V Gaidhani¹, Dr. Nitin Urmaliya^{2*}, Dr. Shanti Manyala³,
Dr. Radha Gupta⁴, Dr. Priti Hardenia⁵**

¹Assistant Professor, Dept. of Agadatantra, SPAMCH, Dongariya, Balaghat, Madhya Pradesh, India

²Lecturer, Dept. of Agadatantra, Govt. Ashtang Ayurved College, Indore, Madhya Pradesh, India

³Associate Professor & P.G. Guide, Dept. of Agadatantra, L.N. Ayurved College & Hospital, Bhopal, Madhya Pradesh, India

⁴Lecturer, Dept. of Agadatantra, Govt. Ashtang Ayurved College, Indore, Madhya Pradesh, India

⁵Lecturer, Dept. of Rasashastra, Govt. Ashtang Ayurved College, Indore, Madhya Pradesh, India

Corresponding Author: * Dr. Nitin Urmaliya

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as science and time is advancing. Different paths based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is a science that has specific doctrines based on which it flourishes. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for visha is called as Agada. So, in this research paper, <i>Gandhahasti Agada</i> is one of them. So, this paper aims to present the details of <i>Gandhahasti Agada</i>.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 25-08-2024 ▪ Accepted: 29-09-2024 ▪ Published: 06-12-2024 ▪ IJCRM:3(6); 2024: 124-127 ▪ ©2024, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
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KEYWORDS: *Oushada Yogas, Agadatantra, Gandhahasti Agada, Visha*

INTRODUCTION

The drug is said to be ideal which curing diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach to the complete knowledge of the drugs, right from the procurement, identification, processing, and application. Every physician might know the medicinal value of every drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatment of poisonous

cases are known as 'Agada'. Only a few *oushada yogas* are used at present to treat Snake poisoning. The reason for the above matter is the non-availability and controversy of the ingredients included in the *oushada yogas* mentioned in the classical texts. In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the *Agadas* (Antidot). *Gandhahasti Agada* is one special drug for *visha*.

MATERIAL AND METHODS

Ayurvedic view of *Gandhahasti Agada*. So, the details of *Gandhahasti Agada* are as follows –

Gandhahasti Agada

“श्वेता वचाऽश्वगन्धा हिङ्गवमृता कुष्ठसैन्धवे लशुनम् । सर्षपकपित्थमध्यं टूण्टुककरञ्जबीजानि ॥७०॥
व्योषं शिरीषपुष्पं द्विरजन्यौ वंशलोचनं च समम् । पिष्ट्वाऽजस्य मूत्रेण गोश्वपित्तेन सप्ताहम् ॥७१॥
व्यासभावितोऽयं निहन्ति शिरसि स्थितं विषं क्षिप्रम् । सर्वज्वरभूतग्रहविसूचिकाजीर्णमूर्च्छार्तिः ॥७२॥
उन्मादापस्मारौ काचपटलनीलिकाशिरोदोषान् । शुष्काक्षिपाकपिल्लार्बुदार्मकण्डूतमोदोष ॥७३॥
क्षयदौर्बल्यमदात्ययपाण्डुगदांश्चाञ्जनात्तथा मोहान् । लेपाद्विषदिग्धक्षतलोढदृष्टपीतविषघा” ॥७४॥
अर्शःस्वानद्धेषु च गुदलेपो योनिलेपनं स्त्रीणाम् । मूढे गर्भे दुष्टे ललाटलेपः प्रतिश्याये ॥७५॥
वृद्धौ किटिमे कुष्ठे श्वित्रविचर्चिकादिषु लेपः । तरून् विषगदान्निहन्त्यगदगन्धहस्त्येषः ॥७६॥”

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Name of the Drug	Latin Name	Family	Properties (Ayurveda)	Properties (Modern)
Shweta (malkanguni)	<i>Celastrus paniculatus</i>	<i>Celastraceae</i>	Rasa: katu Guna: ruksha Virya: ushna Vipaka: katu Doshakarma: kapha shamaka	Antidepressant Anti-inflammatory Neuroprotective effect Antispermatogetic action antioxidant antimicrobial analgesic, sedative and antiepileptic Nootropic activity
Vacha	<i>Acorus Calamus</i>	<i>Acoraceae</i>	Rasa: Katu, Tikta Guna: Laghu, Tikshna Virya: Ushna Vipaka: Katu Dosha Karma: Vata- Kaphahsama, Pittavardhak	Nootropic Activity, Anti-diabetic, Anti-Obesity, Antihypertensive, Antidepressant, Anti-Inflammatory and Immunomodulatory, Neuromodulatory Effect, Anti-seizures
Ashwagandha	<i>Withania somnifera</i>	<i>Solanaceae</i>	Rasa: katu, tikta, kashaya Guna: snigdha, laghu Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	antistress/adaptogenic, antitumor, tonic, anxiolytic, anti-inflammatory, and antiarthritic
Hingu	<i>Ferula asafoetida</i>	<i>Umbelliferae</i>	Rasa: Kaṭu Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Guduchi	<i>Tinospora cordifolia</i>	<i>Menispermaceae</i>	Rasa: kashaya, tikta Guna: laghu, snigdha Virya: ushna Vipaka: madhur Doshakarma: tridosahara	Memory enhancer, Anti-arthritis & diuretic, Anti-inflammatory, Hepatoprotective, Anti-oxidant
Kushtha	<i>Saussurea lappa</i>	<i>Asteraceae</i>	Rasa: tikta, katu, madhura Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
Saindhav lavan			Rasa: Lavana Madhura	

			Guna: laghu, snigdha, tikshna Virya: sita Doshakarma: Tridoshaghna	
Lashuna	<i>Allium sativum</i>	<i>Liliaceae</i>	Rasa: Madhura, Lavana, katu, tikta, kashaya Guna: snigdha, guru tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kafahara, pittakara	Anti-inflammatory, Gastro-protective, Anti-cancer
Sarshapa	<i>Sinapis alba</i>	<i>Brassicaceae</i>	Rasa: Kaṭu, tikta Guna: laghu, snigdha Virya: ushna Vipaka: madhura Doshakarma: kapha-vata shamaka, pittakara	antiallergic and anti-inflammatory, anti- toxic, anthelmithic, antibacterial, antiseptic
Kapittha madhyam	<i>Feronia limonia</i>	<i>Rutaceae</i>	Rasa: madhur, amla Guna: guru, snigdha Virya: shita Vipaka: madhura Doshakarma: vata- pitta shamaka	antibacterial, antiviral, anti-diarrheal, gastro-protective, anti-ulcerative colitis, hepatoprotective, antidiabetic, cardioprotective
Sonapatha beej	<i>Oroxylum indicum</i>	<i>Bignonaceae</i>	Rasa: madhur, tikta, kashaya Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	anti-inflammatory, diuretic, astringent, expectorant, anti-arthritis, antipyretic, aphrodisiac antifungal and antibacterial, antitumor
Karanj beej	<i>Pongamia pinnata</i>	<i>Fabaceae</i>	Rasa: tikta, Kaṭu, kashaya Guna: laghu, tikshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antibacterial, antipyretic, hypoglycaemic, wound healing
Shunthi	<i>Zingiber officinale</i>	<i>Zingiberaceae</i>	Rasa: Kaṭu Guna: laghu, snigdha Virya: ushna Vipaka: madhura Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Maricha	<i>Piper nigrum</i>	<i>Piperaceae</i>	Rasa: Kaṭu Guna: laghu, ruksha, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Pippali	<i>Piper longum</i>	<i>Piperaceae</i>	Rasa: Kaṭu, madhur Guna: laghu, snigdha Virya: anushna Vipaka: madhur Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Shirish pushpa	<i>Albizia lebeck</i>	<i>Fabaceae</i>	Rasa: kashaya, tikta, Madhur Guna: laghu, ruksha, Tikshna Virya: ishat ushna Vipaka: katu Doshakarma: tridoshahara	Anti-inflammatory, healing agent, antidote, blood purifier and strengthens gums and teeth, vermicial, semen inspissant resolvent and improves vision Anthelmintic, removes the derangement of phlegm bile, anti-diarrheal, anti- Catarrhal, Anti histaminic, Analgesic, Allergic conjunctivitis, Anti convulsive, Anti-bacterial, Antimicrobial, cytotoxicity and free radical scavenging
Haldi	<i>Curcuma longa</i>	<i>Zingiberaceae</i>	Rasa: tikta, katu Guna: laghu, ruksha Virya: ushna, Vipaka: katu Doshakarma: Kapha- pittahara	Anti-inflammatory, antibacterial, antidiabetic, anthelmithic, hepatoprotective, hypo- lipidemic, antihistaminic, antifungal
Daruhaldi	<i>Berberis aristata</i>	<i>Berberidaceae</i>	Rasa: tikta, kashaya Guna: laghu, ruksha, Virya: ushna, Vipaka: katu Doshakarma: Kapha- pittahara	Antibacterial, anti-diarrheal, antipyretic, antidiabetic, anticancer, hepatoprotective, anti-inflammatory, antioxidant, antiplatelet, cardiostonic, antifungal
Vanshlochana	<i>Bambusa arundinacea</i>	<i>Gramineae / Poaceae</i>	Rasa: Madhura, Kashaya Guna: Laghu, Ruksha, Tikshna Virya: Shita, Vipaka: Madhura Dosha Karma: Kapha- Pitta Shamaka	stimulant, cooling, sweet, tonic, aphrodisiac, hemostatic, expectorant, anti-cough, diuretic

Method of preparation

All above said drugs are taken in equal quantity

↓
Fine powder

↓
Grind in goat urine

↓
Bhavna in go pitta and *ashwa pitta* with the interval of 1 day (alternate) ----- for 7 days

Indications:

1. Jwar
2. Bhootgraha
3. Murccha
4. Unmada
5. Apasmara
6. Arbuda
7. Kandu
8. Madatyaya
9. Moha
10. Visha (dashta or peeta visha)
11. Kitibha kushtha
12. Shwitra
13. Vicharchika

Mode of administration:

1. Lepa
2. Anjana

CONCLUSION

- Gandhahasti Agada is best for any disorders due to for *visha*.
- It removes all the toxicity of any *visha*.
- It is applicable as External and Internal.

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