



Review Paper

## Review Article of *Tarkshya* Agada

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as science and time advance. Different paths based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is a science with specific doctrines based on which it flourishes. Its diagnostic approach is based on <i>Nidana Panchaka</i>. In Ayurveda, a special drug for <i>visha</i> is called <i>Agada</i>. So, in this research paper, <i>Tarkshya</i> Agada is one of them. So, this paper aims to present the details of <i>Tarkshya</i> Agada.</p>	<ul style="list-style-type: none"> <li>▪ <b>ISSN No:</b> 2583-7397</li> <li>▪ <b>Received:</b> 21-06-2024</li> <li>▪ <b>Accepted:</b> 08-07-2024</li> <li>▪ <b>Published:</b> 22-09-2024</li> <li>▪ <b>IJCRM:</b>3(5); 2024:103-107</li> <li>▪ <b>©2024, All Rights Reserved</b></li> <li>▪ <b>Plagiarism Checked:</b> Yes</li> <li>▪ <b>Peer Review Process:</b> Yes</li> </ul>
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**Keywords:** *Tarkshya*, *Visha*, *Panchaka*, *Agadatantra*, *Ayurveda*, *phalasaruti*

### INTRODUCTION

The drug is said to be ideal which curing diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach to the complete knowledge of the drugs, right from the procurement, identification, processing, and application. Every physician might know the medicinal values of every drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically *i.e.* by experience. Drugs that are specifically used for the treatment of poisonous cases are known as 'Agada'. Only a few *oushada yogas* are used at present to treat Snake poisoning. The reason for the above matter is the

non-availability and controversy of the ingredients included in the *oushada yogas* mentioned in the classical texts.

In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the *Agadas* (Antidot). *Tarkshya* Agada is one special drug for *visha*.

### MATERIAL AND METHODS

Ayurvedic view of *Tarkshya* Agada.

So, details of *Tarkshya* Agada are as follows -

**Tarkshya Agada:**  
(su. K. 5/ 65-67)

प्रपौण्डरीकं सुरदारु मुस्ता कालानुसार्या कटुरोहिणी च //६५//  
स्थौण्येयकध्यामकगुग्गुलूनि पुत्रागतालीशसुवर्चिकाश्च /  
कुटन्नटैलासितसिन्धुवाराः शैलेयकुष्ठे तगरं प्रियङ्गुः //६६//  
रोध्रं जलं काञ्चनगैरिकं च समागधं चन्दनसैन्धवं च /  
सूक्ष्माणि चूर्णानि समानि कृत्वा शृङ्गे निदध्यान्मधुसंयुतानि //६७//  
एषोऽगदस्तार्क्ष्य इति प्रदिष्टो विषं निहन्यादपि तक्षकस्य /६८/

**Contents:**

1. *prapaundrik,*
2. *musta,*
3. *kalanusari,*
4. *kutki,*
5. *sthauneyak,*
6. *dhyamak,*
7. *devdaru,*
8. *shwet nirgundi,*
9. *shyonaka,*
10. *tagar,*
11. *priyangu,*
12. *pippali,*
13. *guggulu,*
14. *nagakesar,*
15. *ela,*
16. *talispatra,*
17. *suvarchika,*
18. *lodhra,*
19. *shilarasa,*
20. *kushtha,*
21. *balak,*
22. *swarnagairik,*
23. *chandana,*
24. *sendha namak*

Name	Latin name	Family	Properties (Ayurved)	Properties (Modern)
Prapaundrik	<i>Nelumbo nucifera</i>	<i>Nymphaeaceae</i>	<b>Rasa:</b> kashaya, Madhur, tikta <b>Guna:</b> laghu, snigdha, picchila <b>Virya:</b> shita <b>Vipaka:</b> madhur <b>Doshakarma:</b> Kapha- pittahara	anti-microbial, antioxidant, anti-inflammatory, antitussive, antiviral, antiulcer, hepatoprotective, antiallergic
devdaru,	<i>Cedrus deodara</i>	<i>Pinaceae</i>	<b>Rasa:</b> tikta, katu, kashaya <b>Guna:</b> ruksha, laghu <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha- vatahara	anti-allergic and anti-inflammatory, anticonvulsant, antiulcer, carminative, analgesic, antimicrobial
musta,	<i>Cyperus rotundus</i>	<i>Cyperaceae</i>	<b>Rasa:</b> katu, tikta, kashaya <b>Guna:</b> laghu, ruksha <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> Pittakaphahara, Shleshmaraktajit	Anti-inflammatory, wound healing activity, anti-microbial, anti-platelet, anti-malarial, anti-convulsant, hepatoprotective, antiobesity, antidiabetic, antioxidant
kalanusari,	<i>Trigonella foenum-graecum</i>	<i>Fabaceae</i>		antidiabetic, antihyperlipidemic, antiobesity, anticancer, anti-inflammatory, antioxidant, antifungal, antibacterial, galactagogue
kutki,	<i>Picrorhiza kurroa</i>	Old Family: <i>Scrophulariaceae</i> New Family: <i>Plantaginaceae</i>	<b>Rasa:</b> tikta <b>Guna:</b> ruksha, laghu <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> kafa- pitta shamaka	anti-oxidant, anti-inflammatory and anti-apoptotic, Anti-anaphylaxis, Antileishmanial, Antifungal, Antidiabetic, Immunomodulatory, Anticancer, Hepatoprotective
sthauneyak,	<i>Leonotis nepetifolia</i>	<i>Lamiaceae</i>	<b>Rasa:</b> katu <b>Guna:</b> laghu, tikshna <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha- Vatahara	multidirectional antimicrobial, anti-inflammatory, antioxidant, wound healing, analgesic and anticancer
dhyamak,	<i>Valeriana pyrolifolia</i>	<i>Caprifoliaceae</i>	<b>Rasa:</b> katu, tikta <b>Guna:</b> laghu, ruksha, tikshna <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha- Vatahara	Antibacterial, antioxidant, sedative, hypnotic, antispasmodic, analgesic, antidepressant, anxiolytic
Guggulu	<i>Commiphora wightii</i>	<i>Burseraceae</i>	<b>Rasa:</b> tikta, katu <b>Guna:</b> laghu, ruksha, visha da, sookshma, sara <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> tridoshahara	anti-inflammatory, anti-arthritic, anti-hypercholesterolemic, Hypolipidemic, antioxidant, Cardioprotective, Cytotoxic, Antiatherosclerotic, Antifertility, Antihyperglycemic, antimicrobial
Nagakesar	<i>Mesua Ferrea</i>	<i>Guttiferae</i>	<b>Rasa:</b> Kashaya, tikta <b>Guna:</b> ruksha, tikshna, laghu <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> kafa- pittahara	anti-oxidant, anti-inflammatory, anti-arthritis, antifungal, anticonvulsant, anti-ulcer, wound healing, antivenom, disinfectant, diuretic, herbal formulation, anticancer, prevention of COPD, antidiabetic, immunomodulatory, hormone balancing
ela,	<i>Elettaria cardamomum</i>	<i>Scitamineae</i>	<b>Rasa:</b> katu, Madhur <b>Guna:</b> laghu, ruksha, <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha- Vatahara	antiallergic and anti-inflammatory, antiseptic
shwet nirgundi,	<i>Vitex negundo</i>	<i>Lamiaceae</i>	<b>Rasa:</b> katu, tikta <b>Guna:</b> laghu, ruksha <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha- Vatahara	anti-inflammatory, analgesic, and wound-healing, Anti-inflammatory, CNS depressant, Antifungal, Wormicidal, Antiallergic

talispatra,	<i>Abies webbiana</i>	<i>Pinaceae</i>	<b>Rasa:</b> Madhur, tikta <b>Guna:</b> laghu, tikshna <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> Vata- Kapha hara	anti-inflammatory, antifertility, febrifuge, central nervous system depressant property, antibacterial
suvarchika,	<i>Cleome viscosa</i>	<i>Cleomaceae</i>	<b>Rasa:</b> katu <b>Guna:</b> ruksha, guru, sara, kshar <b>Virya:</b> shita <b>Vipaka:</b> madhur <b>Doshakarma:</b> kafa- vata shamaka	Antimicrobial, anti- diabetic,
shyonaka,	<i>Oroxylum indicum</i>	<i>Bignoneae</i>	<b>Rasa:</b> madhur, tikta, kashaya <b>Guna:</b> laghu, ruksha <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> kafa- vata shamaka	anti-inflammatory, diuretic, astringent, expectorant, anti-arthritic, antipyretic, aphrodisiac antifungal and antibacterial, antitumor
Shilarasa				
kushtha,	<i>Saussurea lappa</i>	<i>Asteraceae</i>	<b>Rasa:</b> tikta, katu, madhura <b>Guna:</b> laghu, ruksha, tikshna <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
tagar,	<i>Valeriana walichi</i>	<i>Valerianaceae</i>	<b>Rasa:</b> Tikta, Kaṭu, Kashaya <b>Guna:</b> laghu, snigdha <b>Virya:</b> ushna <b>Vipaka:</b> katu <b>Doshakarma:</b> kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
priyangu,	<i>Callicarpa macrophylla</i>	<i>Verbenaceae</i>	<b>Rasa:</b> Tikta, Kashaya, Madhur <b>Guna:</b> laghu, ruksha <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> tridoshashamaka	Anti-inflammatory, antibacterial, analgesic, anti-arthritic, antifungal, antidiabetic, Cytotoxic, acute toxicity and phytotoxic activity, Hepatoprotective
lodhra,	<i>Symplocos racemosa</i>	<i>Symplocaceae</i>	<b>Rasa:</b> kashya, tikta <b>Guna:</b> laghu, ruksha <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> Kapha-pittahara	antimicrobial, anti-diarrheal, anti-cancer, hepatoprotective, anti-oxidant, anti-androgenic, analgesic, Haemostatic, Coagulant, anti-inflammatory
balak,	<i>Pavonia odorata</i>	<i>Malvaceae</i>	<b>Rasa:</b> tikta <b>Guna:</b> ruksha, laghu <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> pitta- kafa shamaka	CNS depressant, analgesic, anti-inflammatory, hypotensive and hypoglycaemic agent, antipyretic
Swarnagairik	<i>Red ochre</i>		<b>Rasa:</b> Madhur, kashya <b>Guna:</b> snigdha <b>Virya:</b> shita <b>Vipaka:</b> madhur <b>Doshakarma:</b> kapha- pitta shamaka	
Pippali	<i>Piper longum</i>	<i>Piperaceae</i>	<b>Rasa:</b> Kaṭu, madhur <b>Guna:</b> laghu, snigdha <b>Virya:</b> anushna <b>Vipaka:</b> madhur <b>Doshakarma:</b> kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Chandana	<i>Santalum album</i>	<i>Santalaceae</i>	<b>Rasa:</b> tikta, madhur <b>Guna:</b> laghu, ruksha <b>Virya:</b> shita <b>Vipaka:</b> katu <b>Doshakarma:</b> kapha- pitta shamaka	Anti-bacterial, anti-viral, antifungal, antioxidant, antipyretic, haemostatic, cooling
Sendha namak			<b>Rasa:</b> Lavana Madhura <b>Guna:</b> laghu, snigdha, tikshna <b>Virya:</b> sita <b>Doshakarma:</b> Tridoshaghna	

**Method of preparation**

**Indications:** *takshaka sarpa visha*

**Mode of Administration:** Oral, Nasal, Collyrium, massage

**Action of Yoga:** The combination of this yoga has a special action as *visha ghna* in any *visha* (Jangama or Sthavara) as per the classical reference. In the phalasaruti, it is said that the usage of this yoga removes all the toxicity of Sarpa *visha*.

**CONCLUSION**

- *Tarkshya agada* is best for any disorders due to Sarpa *visha*.
- It removes all the toxicity of Sarpa *visha*.
- It is applicable as external & Internal.

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