



Review Paper

Review Article of *Rishabh* Agada

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as science and time is advancing. Different paths based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is a science with specific doctrines based on which it flourishes. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for <i>Visha</i> is called Agada. So, Rishabh Agada is one of the authors of this research paper. So, this paper aims to present the details of <i>Rishabh</i> Agada.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 15-06-2024 ▪ Accepted: 05-07-2024 ▪ Published: 20-09-2024 ▪ IJCRM:3(5); 2024:97-102 ▪ ©2024, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
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Keywords: *Rishabh*, *Visha*, Panchaka, *Agadatantra*, *Terminalia chebula*, *Oushada Yogas*

INTRODUCTION

The drug is said to be ideal which curing diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach to the complete knowledge of the drugs, right from the procurement, identification, processing, and application. Every physician might know the medicinal value of every drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatment of poisonous cases are known as 'Agada'. Only a few *Oushada Yogas* are used at present to treat Snake

poisoning. The reason for the above matter is the non-availability and controversy of the ingredients included in the *Oushada Yogas* mentioned in the classical texts.

In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the *Agadas* (Antidot). **Rishabh Agada** is one special drug for *Visha*.

MATERIAL AND METHODS

Ayurvedic view of *Rishabh* Agada.

So, the details of *Rishabh* Agada are as follows –

Rishabh Agada

(su. K. 5/ 68-72)

मांसीहरेणुत्रिफलामुरङ्गीरक्तालतायष्टिकपद्मकानि //६८//
 विडङ्गतालीशसुगन्धिकैलात्वक्कुष्ठपत्राणि सचन्दनानि /
 भार्गी पटोलं किण्णिही सपाठा मृगादनी कर्कटिकापुरश्च //६९//
 पालिन्द्यशोकौ क्रमुकं सुरस्याः प्रसूनमारुष्करजं च पुष्पम् /
 सूक्ष्मानि चूर्णानि समानि शृङ्गे न्यसेत् सपित्तानि समाक्षिकाणि //७०//
 वराहगोधाशिखिशल्लकीनां मार्जारजं पार्षतनाकुले च /
 यस्यागदोऽयं सुकृतो गृहे स्यान्नाम्रर्षभो नाम नरर्षभस्य //७१//
 न तत्र सर्पाः कुत एव कीटास्त्यजन्ति वीर्याणि विषाणि चैव /
 एतेन भेर्यः पटहाश्च दिग्धा नानद्यमाना विषमाशु हन्युः //७२//
 दिग्धाः पताकाश्च निरीक्ष्य सद्यो विषाभिभूता ह्यविषा भवन्ति //७३//

Contents:

1. *jatamansi,*
2. *triphala,*
3. *shobhanjana,*
4. *manjishtha,*
5. *priyangu,*
6. *harenu,*
7. *sarpagandha,*
8. *chandana,*
9. *patha,*
10. *guggulu,*
11. *dalchini,*
12. *tulsipushpa*
13. *yashtimadhu,*
14. *padmakha,*
15. *vidanga,*
16. *talispatra,*
17. *ela,*
18. *kushtha,*
19. *tejpatra,*
20. *bharangi,*
21. *parvala,*
22. *chirchita,*
23. *indrayana,*
24. *karkatshringi,*
25. *nishotha,*
26. *ashok,*
27. *supari,*

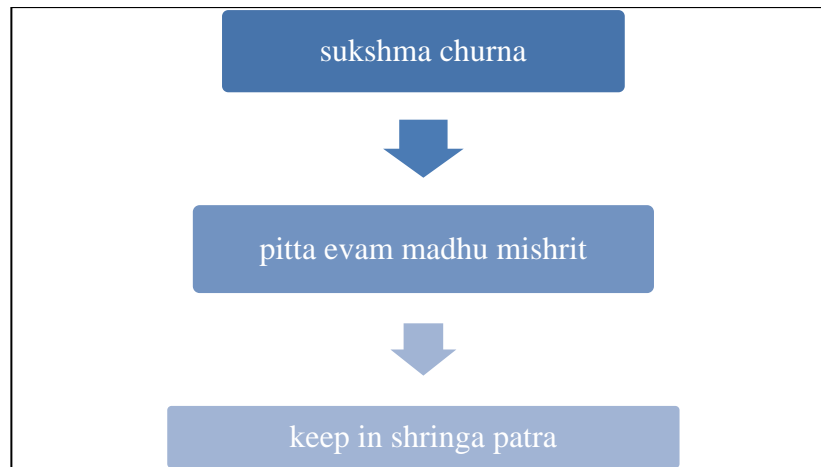
Name	Latin name	Family	Properties (Ayurved)	Properties (Modern)
Jatamansi	<i>Nardostachys jatamansi</i>	<i>Valerianaceae</i>	Rasa: tikta, Kashaya, madhur Guna: laghu, snigdha Virya: shita Vipaka: katu Doshakarma: pitta- kafa	Anticatalytic, Antioxidant & Stress-relieving, Nootropic Activity, Antifungal & Antibacterial, Anticancer, Hepatoprotective, Antidepressant
harenu,	<i>Vitex agnus-castus</i>	<i>Verbenaceae</i>	Rasa: Katu, Tiktha Guna: Laghu Virya: Anushna Vipaka: Katu Dosha Karma: Pittala	Anti- angiogenic, antioxidant, anti-inflammatory
Haritaki	<i>Terminalia chebula</i>	<i>Combretaceae</i>	Rasa: Madhura, Amla, Katu, Tikta, Kashaya Guna: laghu, ruksha, sara Virya: ushna Vipaka: madhur Doshakarma: Tridoshaghna vataghna	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Bibhitaki	<i>Terminalia belerica</i>	<i>Combretaceae</i>	Rasa: Kashaya Guna: laghu, ruksha, Virya: ushna Vipaka: Madhur Doshakarma: Tridoshaghna Kaphaghna	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Amalki	<i>Embellica officinalis</i>	<i>Euphorbiaceae</i>	Rasa: madhura, amla Guna: guru, ruksha Virya: ushna Vipaka: amla Doshakarma: Tridoshaghna Pittahamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Shobhanjana	<i>Moringa oleifera</i>	<i>Moringaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: Tridoshaghna Kafa- vatahara	anti-diabetic, anti-diarrheal, anti-helminthic, anti-leishmanial, anti-fungi, anti-bacterial, anti-allergic, anti-cancer, anti-inflammatory, and antioxidant
Manjishtha	<i>Rubia cordifolia</i>	<i>Rubiaceae</i>	Rasa: tikta, kashya, Madhura Guna: guru, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa pittahara	anti-inflammatory, analgesic and antioxidant
Priyangu	<i>Callicarpa macrophylla</i>	<i>Verbenaceae</i>	Rasa: Tikta, Kashaya, Madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: tridoshashamaka	Anti-inflammatory, antibacterial, analgesic, anti-arthritic, antifungal, antidiabetic, Cytotoxic, acute toxicity and phytotoxic activity, Hepatoprotective
yashtimadhu	<i>Glycyrrhiza glabra</i>	<i>Leguminaceae</i>	Rasa: madhura Guna: guru, snigdha Virya: shita Vipaka: madhur Doshakarma: Tridosahara	anti-fungal, antihypertensive, hepatoprotective, anti-cancerous, diuretic activity
padmakha,	<i>Prunus cerasoides/ Prunus puddam</i>	<i>Rosaceae</i>	Rasa: Kashaya, Tikta Guna: Laghu, Snigdha Virya – Shita Vipaka: Katu Dosha Karma- Kapha-pittahara	diuretic and laxative, anthelmintic, emmenagogue, depurative, anti-abortionfacient, analgesic, carminative, conceptive, expectorant, febrifuge and tonic, antilithic, spasmolytic
vidanga,	<i>Embelia ribes</i>	<i>Myrsinaceae</i>	Rasa: katu, kashaya Guna: laghu, ruksha, teekshna, sara Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
talispatra,	<i>Abies webbiana</i>	<i>Pinaceae</i>	Rasa: Madhur, tikta Guna: laghu, tikshna Virya: ushna Vipaka: katu Doshakarma: Vata- Kapha hara	anti-inflammatory, antifertility, febrifuge, central nervous system depressant properties, antibacterial
sarpagandha,	<i>Rauwolfia serpentine</i>	<i>Apocynaceae</i>	Rasa: tikta Guna: ruksha Virya: ushna	cardio depressant, hypnotic and sedative hypertension, insomnia,

			Vipaka: katu Doshakarma: kapha- vata shamaka	sexual aggression and vertigo anticholinergic, hypotensive, anticontractile, sedative, relaxant, hyperthermic, antidiuretic, sympathomimetic, hypnotic, vasodilator, antiemetic, anti-fibrillar activity tranquilizing agent, anti-arrhythmic, antifungal and nematocidal
ela,	<i>Elettaria Cardamomum</i>	<i>Scitamineae</i>	Rasa: katu, Madhur Guna: laghu, ruksha, Virya: shita Vipaka: katu Doshakarma: Kapha- Vatahara	antiallergic and anti-inflammatory, antiseptic
dalchini,	<i>Cinnamomum zeylanicum</i>	<i>Lauraceae</i>	Rasa: katu, madhur Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kafahara, pittakara	Antioxidant, anti-inflammatory, antidiabetic, antimicrobial, anticancer, lipid-lowering, and cardiovascular- disease-lowering
kushtha,	<i>Saussurea lappa</i>	<i>Asteraceae</i>	Rasa: tikta, katu, madhura Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti- hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
tejpatra,	<i>Cinnamomum tamala</i>	<i>Lauraceae</i>	Rasa: katu, tikta, madhur Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kafahara, pittakara	immunosuppressive, antidiabetic, antibacterial, antiparasitic, antimicrobial, anti-HIV, antiulcer, antidiabetic, hyperlipidaemic, anti- inflammatory, immunomodulatory, antitumour, ant tyrosinase, anti- oxidant, hepatoprotective, gastroprotective
chandana,	<i>Santalum album</i>	<i>Santalaceae</i>	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: kapha- pitta shamaka	Anti-bacterial, anti-viral, antifungal, antioxidant, antipyretic, haemostatic, cooling
bharangi,	<i>Clerodendrum serratum</i>	<i>Lamiaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vatahara	anti-inflammatory, anti-cancer, hepatoprotective, anti-diarrheal and anti-microbial
parvala,	<i>Trichosanthes Dioica</i>	<i>Cucurbitaceae</i>	Rasa: tikta, katu Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	diuretic; laxative, expectorant and demulcent (seeds); laxative and tonic, anti-inflammatory and anthelmintic, Antioxidant, anti- diabetic
chirchita,	<i>Achyranthes aspera</i>	<i>Amaranthaceae</i>	Rasa: katu, tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vatahara	Anti- hypertensive, anti- diabetic, abortifacient, diuretic, purgative, spasmolytic, hypoglycemic, anti- fungal
patha,	<i>Cissampelos pareira</i>	<i>Menispermaceae</i>	Rasa: tikta Guna: laghu, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
indrayana,	<i>Citrullus colocynthis</i>	<i>Cucurbitaceae</i>	Rasa: Tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	antioxidant, anti-inflammatory, anti- diabetic, and antibacterial
karkatshringi,	<i>Pistacia integerrima</i>	<i>Anacardiaceae</i>	Rasa: kashaya, Tikta Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	anti-inflammatory, anti-oxidant, anti- bacterial, anti-cancer, anti-diarrhoeal, anti-convulsant, muscle relaxant

guggulu,	<i>Commiphora wightii</i>	<i>Burseraceae</i>	Rasa: tikta, katu Guna: laghu, ruksha, vishada, sookshma, sara Virya: ushna Vipaka: katu Doshakarma: tridosahara	anti-inflammatory, anti-arthritic, anti-hypercholesterolemic, Hypolipidemic, antioxidant, Cardioprotective, Cytotoxic, Antiatherosclerosis, Antifertility, Antihyperglycemic, antimicrobial
nishotha,	<i>Operculina turpethum</i>	<i>Convolvulaceae</i>	Rasa: tikta, kashaya, madhur Guna: guru, ruksha, Virya: shita Vipaka: katu Doshakarma: tridosha shamaka	anticancer, antioxidant, anti-inflammation, anti-HIV, antibacterial, anti-coagulant, antitumor, analgesic, and immunomodulation activities. The antioxidant, hematopoietic, hepatoprotective, antiulcer, antimicrobial, and antidiabetic activities
ashok,	<i>Saraca asoca</i>	<i>Caesalpinaceae</i>	Rasa: kashaya, tikta Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: kafa- pittahara	Analgesic, anti- dyspeptic, diuretic
supari,	<i>Areca catechu</i>	<i>Palmae/ Arecaceae</i>	Rasa: kashaya, madhur Guna: guru, ruksha Virya: shita Vipaka: katu Doshakarma: kafa- pittahara	Antibacterial, anti-fungal, sedative, abortifacient, hyperglycaemic, antifertility
tulsi pushpa	<i>Ocimum sanctum</i>	<i>Lamiaceae</i>	Rasa: katu, Tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kafahara, pittakara	antimicrobial, anti-allergic and anti-inflammatory, anti-stress, anti-cancer, anxiolytic, and anti-depressant

Method of Preparation:

Pitta- Shukar, Godha, Mor, Shallaki, Billi, Chittalaharin, Nevla

**Indications**

- sarpa, keeta visha nashak
- all types of poisoning

Mode of Administration: external administration

CONCLUSION

- Rishabh agada is best for any disorders due to Jangama Visha.
- It removes all the toxicity of Sarpa & Keeta Visha.
- It is applicable as external.

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