



Review Article

Review Article of Amrit Ghrita

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of the life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as the science and time advance. Different pathies based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is such a science that has specific doctrines based on which it is flourished. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for visha is called Agada. So, in this research paper, Amrit Ghrita is one of them. So this paper aims to present the details of Amrit Ghrita.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 13-06-2024 ▪ Accepted: 20-07-2024 ▪ Published: 10-10-2024 ▪ IJCRM:3(5); 2024: 160-166 ▪ ©2024, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
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KEYWORDS: Amrit Ghrita, Oushada Yogas, Agadatantra, Bhaishajya Kalpana, Rasashastra**INTRODUCTION**

The drug is said to be ideal for curing diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach to the complete knowledge of the drugs, right from the procurement, identification, processing, and application. Every physician might know the medicinal value of each drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatment of poisonous cases are known as 'Agada'. Only a few *Oushada Yogas* are used at

present to treat Snake poisoning. The reason for the above matter is the non-availability and controversy of the ingredients included in the *Oushada Yogas* mentioned in the classical texts.

In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the Agadas (Antidot). Amrit Ghrita is one special drug for visha.

MATERIAL AND METHODS

Ayurvedic view of Amrit *Ghrta*. So, details of Amrit *Ghrta* are as follows -

Amrit *Ghrta* Contents

Drug Name	Latin Name	Family	Properties (Ayurveda)	Properties (Modern)
Shirisha	<i>Albizzia lebeck</i>	<i>Fabaceae</i>	Rasa: Kashaya, Tikta, Madhur Guna: Laghu, Ruksha, Tikshna Virya: Ishat Ushna Vipaka: Katu Doshakarma: Tridoshahara	Anti-inflammatory, healing agent, antidote, blood purifier and strengthens gums and teeth vermicidal, semen inspissant resolvent and improves vision Anthelmintic, removes the derangement of phlegm bile, anti-diarrheal, anti-Catarrhal, Antihistaminic, Analgesic, Allergic conjunctivitis, Anti convulsive, Anti-bacterial, Antimicrobial, cytotoxicity and free radical scavenging
Shunthi	<i>Zingiber officinale</i>	<i>Zingiberaceae</i>	Rasa: Kaṭu, Guna: Laghu, Snigdha Virya: Ushna, Vipaka: Madhura Doshakarma: Kapha-Vata Shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Maricha	<i>Piper nigrum</i>	<i>Piperaceae</i>	Rasa: Kaṭu Guna: Laghu, Ruksha, Teekshna Virya: Ushna Vipaka: Katu Doshakarma: Kapha-Vata Shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Pippali	<i>Piper longum</i>	<i>Piperaceae</i>	Rasa: Kaṭu, Madhur Guna: Laghu, Snigdha Virya: Anushna Vipaka: Madhur Doshakarma: Kapha-Vata Shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Haritaki	<i>Terminalia chebula</i>	<i>Combretaceae</i>	Rasa: Madhura Amla, Kaṭu Tikta, Kashaya Guna: Laghu, Ruksha, Sara Virya: Ushna, Vipaka: Madhur Doshakarma: Tridoshaghna Vataghna	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Bibhitaki	<i>Terminalia belerica</i>	<i>Combretaceae</i>	Rasa: Kashaya Guna: Laghu, Ruksha, Virya: Ushna, Vipaka: Madhur, Doshakarma: Tridoshaghna, Kaphaghna	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Amalki	<i>Embellica officinalis</i>	<i>Euphorbiaceae</i>	Rasa: Madhura, Amla Guna: Guru, Ruksha Virya: Ushna, Vipaka: Amla Doshakarma: Tridoshaghna Pittahamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Chandana	<i>Santalum album</i>	<i>Santalaceae</i>	Rasa: Tikta, Madhur Guna: Laghu, Ruksha Virya: Shita, Vipaka: Katu Doshakarma: Kapha- Pitta Shamaka	Anti-bacterial, anti-viral, antifungal, antioxidant, antipyretic, hemostatic, cooling

Utpala	<i>Nelumbo nucifera</i>	<i>Nymphaeaceae</i>	Rasa: Kashaya, Madhur, Tikta Guna: Laghu, Snigdha, Picchila Virya: Shita, Vipaka: Madhur Doshakarma: Kapha- Pittahara	diuretic, anti-diabetic, and anti-inflammatory
Bala	<i>Sida cordifolia</i>	<i>Malvaceae</i>	Rasa: Madhur Guna: Laghu, Snigdha, Picchila Virya: Shita, Vipaka: Madhura Doshakarma: Tridosahara	CNS depressant, analgesic, anti-inflammatory, hypotensive, antidiabetic
Atibala	<i>Abutilon indicum</i>	<i>Malvaceae</i>	Rasa: Madhura Guna: Laghu, Snigdha Virya: Shita Vipaka: Madhur Doshakarma: Vata- Pitta Shamaka	cooling, laxative, digestive, analgesic, anti-inflammatory, astringent, diuretic, expectorant, antihelmintic, aphrodisiac, and demulcent
Sariva	<i>Hemidesmus indicus</i>	<i>Asclepiadaceae</i>	Rasa: Madhur, Tikta Guna: Guru, Snigdha Virya: Shita, Vipaka: Madhur Doshakarma: Tridosahara	Alterative, Tonic, Demulcent, Diaphoretic, Diuretic, Antiallergic, antipyretic, antimicrobial, anticancer, rejuvenative
Asphota	<i>Semecarpus anacardium</i>	<i>Anacardaceae</i>	Rasa: Katu, Tikta, Kashaya Guna: Katu, Tikta, Kashaya Virya: Ushna Vipaka: Madhur Doshakarma: Kafahara	Anticarcinogenic, antibacterial, anti-allergic, anti-arthritic, anti-inflammatory, hypotensive, cardiac depressant
Surabhi, Nimbi	<i>Azadirachta indica</i>	<i>Meliaceae</i>	Rasa: Tikta, Kashaya Guna: Laghu, Ruksha Veerya: Shita Vipak: Katu Doshakarma: Pitta- Kafahara	immunomodulatory, anti-inflammatory, antihyperglycaemic, antiulcer, antimalarial, antifungal, antibacterial, antiviral, antioxidant, antimutagenic and anticarcinogenic
Patala	<i>Stereospermum suaveolens</i>	<i>Bignoniaceae</i>	Rasa: Katu, Tikta, Kashaya Guna: Guru, Snigdha Veerya: Anushna Vipak: Madhur Doshakarma: Tridosahara	diuretic, cardiac tonic, anti-inflammatory, hepatoprotective, analgesic, antipyretic, antioxidant
Bandhujiva	<i>Pentopetes phoenicea</i>	<i>Malvaceae</i>	Guna: Laghu Doshakarma: Kafakara, Vata-Pittahara	Antiseptic, sedative, anti-diarrheal, anti-catarrhal, antioxidant, antibacterial, gastroprotective, hepatoprotective, antinociceptive, antimutagenic, antineoplastic, chemopreventive
adhaki	<i>Cajanus cajan</i>	<i>Fabaceae</i>	Rasa: Kashaya, Madhur Guna: Ruksha, Laghu, Grahi Veerya: Shita Vipak: Katu Doshakarma: Pitta- Kafahara, Vatakara	anti-bacterial, anti-microbial, anti-inflammatory
murva	<i>Marsdenia tenacissima</i>	<i>Asclepiadaceae</i>	Rasa: Tikta, Kashaya Guna: Guru, Ruksha Virya: Ushna, Vipaka: Katu Doshakarma: Tridosahara	Anti-angiogenic, anti-tumor, anti-inflammatory, antiviral, antimalarial, analgesic
vasa	<i>Adhatoda vasica</i>	<i>Acanthaceae</i>	Rasa: Tikta, Kashya Guna: Laghu, Ruksha Virya: Shita, Vipaka: Katu Doshakarma: Kafa Pittahara	Antimicrobial, anti-ulcer, antioxidant, hepatoprotective
surasa	<i>Ocimum sanctum</i>	<i>Lamiaceae</i>	Rasa: Katu, Tikta Guna: Laghu, Ruksha, Tikshna	antimicrobial, anti-allergic and anti-inflammatory, anti-stress,

			Virya: Ushna, Vipaka: Katu Doshakarma: Vata- Kafahara, Pittakara	anti- cancer, anxiolytic and anti-depressant
Vatsaka	<i>Holarrhena antidysenterica</i>	<i>Apocyanaceae</i>	Rasa: Tikta, Kashya Guna: Laghu, Ruksha Virya: Shita, Vipaka: Katu Doshakarma: Kafa Pittahara	anti diarrhoeal, anti-helminthic, antipyretic, antitussive, and anti-inflammatory
Patha	<i>Cissampelos pareira</i>	<i>Menispermaceae</i>	Rasa: Tikta Guna: Laghu, Teekshna Virya: Ushna, Vipaka: Katu Doshakarma: Kapha- Vata Shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Ankola	<i>Alangium salviifolium</i>	<i>Cornaceae</i>	Rasa: Tikta, Katu, Kashya Guna: Laghu, Snigdha, Tikshna Virya: Ushna, Vipaka: Katu Doshakarma: Kafa- Pittahara	anti-inflammatory, aphrodisiac, anticancer, immunostimulant, cardiogenic, antifertility, anti-ulcer
Ashvagandha	<i>Withania somnifera</i>	<i>Solanaceae</i>	Rasa: Katu, Tikta, Kashaya Guna: Snigdha, Laghu Virya: Ushna, Vipaka: Katu Doshakarma: Kafa- Vata Shamaka	antistress/adaptogenic, antitumor, tonic, anxiolytic, anti-inflammatory, and antiarthritic
Arkamula	<i>Calotropis procera</i>	<i>Asclepiadaceae</i>	Rasa: Madhur, Tikta Guna: Laghu, Snigdha, Sara Virya: Ushna, Vipaka: Katu, Doshakarma: Kafanashaka	hepatoprotective, cytotoxic, anti-diabetic, analgesic, anti-inflammatory, anti-arthritis, antioxidant, anthelmintic, wound healing, and anti-tumor
Yashtimadhu	<i>Glycyrrhiza glabra</i>	<i>Leguminosae</i>	Rasa: Madhura Guna: Guru, Snigdha Virya: Shita, Vipaka: Madhur Doshakarma: Tridosahara	anti-fungal, antihypertensive, hepato- protective, anti-cancerous, diuretic activity
Padmaka	<i>Prunus cerasoides</i>	<i>Rosaceae</i>	Rasa- Kashaya, Tikta Guna- Laghu, Snigdha Virya – Shita, Vipaka- Katu Dosha Karma- Kapha-Pittahara	diuretic and laxative, antihelminthic, emmenagogue, depurative, anti-abortifacient, analgesic, carminative, conceptive, expectorant, febrifuge and tonic, antilithic, spasmolytic
Vishala	<i>Trichosanthes bracteata</i>	<i>Cucurbitaceae</i>	Rasa: Tikta, Guna: Laghu, Ruksha, Tikshna, Virya: Ushna, Vipaka: Katu Doshakarma: Kafa- Pittahara	antioxidant, anti-inflammatory, anti-diabetic, and antibacterial
Brihati	<i>Solanum indicum</i>	<i>Solanaceae</i>	Rasa: Katu, Tikta Guna: Laghu, Ruksha Virya: Ushna Vipaka: Katu Doshakarma: Kafa- Vata Shamak	antioxidant, anticancer, anti-inflammatory, diuretic, immunomodulatory, diaphoretic, expectorant and stimulant
Laksha,	<i>Laccifer lacca</i>	<i>Lacciferidae</i>	Rasa: Kashaya, Guna: Laghu, Snigdha, Virya: Shita Doshakarma: Kapha-Pitta Shamaka	analgesic and anti-inflammatory, hemostatic, hepatoprotective, contraceptive
Kovidara	<i>Bauhinia variegata</i>	<i>Leguminosae</i>	Rasa: Kashaya Guna: Laghu, Ruksha Virya: Shita, Vipaka: Katu Doshakarma: Kafa- Pitta Shamak	anticancer, antioxidant, hypolipidemic, antimicrobial, anti-inflammatory, nephroprotective, hepatoprotective, antiulcer, immunomodulating, molluscicidal and wound healing

Shatavari	<i>Asparagus racemosus</i>	<i>Asparagaceae</i>	Rasa: Madhur, Tikta Guna: Guru, Snigdha Virya: Shita, Vipaka: Madhur Doshakarma: Vata- Pitta Shamaka	Diuretic, antimicrobial, antioxidant, anti- cancer, anti-diabetic, anti- inflammatory, anti-diarrheal, immunomodulatory, anti- ulcerogenic
Katabhi	<i>Albizia procera</i>	<i>Celastraceae</i>	Rasa: Katu, Guna: Ruksha Virya: Ushna, Vipaka: Katu Doshakarma: Kapha Shamaka	Antidepressant, Anti-inflammatory, Neuroprotective effect, Antispermatogenic action Antioxidant, antimicrobial, analgesic, sedative, and antiepileptic, Nootropic activity
Danti	<i>Maliospermum montanum</i>	<i>Euphorbiaceae</i>	Rasa: Katu, Guna: Guru, Tikshna Virya: Ushna, Vipaka: Katu Doshakarma: Kafa- Pittahara	Anti-inflammatory, purgative, laxative, anthelmintic, diuretic, diaphoretic, rubefacient, febrifuge and tonic
Apamarga	<i>Achyranthus aspera</i>	<i>Amaranthaceae</i>	Rasa: Katu, Tikta Guna: Laghu, Ruksha, Tikshna Virya: Ushna, Vipaka: Katu Doshakarma: Kafa- Vatahara	Anti- hypertensive, anti- diabetic, abortifacient, diuretic, purgative, spasmolytic, hypoglycemic, anti-fungal
Prushniparni Rasanjjana	<i>Uraria picta</i>	<i>Fabaceae</i>	Rasa: Madhur, Tikta Guna: Laghu, Snigdha Virya: Ushna, Vipaka: Madhura Doshakarma: Tridosahara	anti-inflammatory, expectorant, and diuretic
Shvetabhandanda	<i>Albizia procera</i>	<i>Celastraceae</i>	Rasa: Katu, Guna: Ruksha Virya: Ushna, Vipaka: Katu Doshakarma: Kapha Shamaka	Antidepressant, Anti-inflammatory, Neuroprotective effect, Antispermatogenic action Antioxidant, antimicrobial, analgesic, sedative, and antiepileptic, Nootropic activity
Ashvakhuraka	<i>Clitoria ternatea</i>	<i>Fabaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: Tikshna, Laghu, Ruksha Virya: Shita Vipaka: Katu Doshakarma: Tridosahara	anxiolytic, anti-inflammatory, analgesic, anti-microbial and anti carcinogenic, CNS Depressant, nephroprotective and anti-Stress, antihistaminic, diuretic, hepatoprotective
Kushtha	<i>Saussurea lappa</i>	<i>Asteraceae</i>	Rasa: Tikta, Katu, Madhura Guna: Laghu, Ruksha, Tikshna Virya: Ushna Vipaka: Katu Doshakarma: Kafa- Vata Shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
Daru	<i>Cedrus deodara</i>	<i>Pinaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: Ruksha, Laghu Virya: Ushna Vipaka: Katu Doshakarma: Kapha- Vatahara	anti-allergic and anti-inflammatory, anticonvulsant, antiulcer, carminative, analgesic, antimicrobial
Priyangu	<i>Calicarpa macrophylla</i>	<i>Verbenaceae</i>	Rasa: Tikta, Kashaya, Madhur Guna: Laghu, Ruksha Virya: Shita Vipaka: Katu Doshakarma: Tridoshashamaka	Anti-inflammatory, antibacterial, analgesic, anti-arthritic, antifungal, antidiabetic, Cytotoxic, acute toxicity and phytotoxic activity, Hepatoprotective
Vidari	<i>Puraria tuberosa</i>	<i>Fabaceae</i>	Rasa: Madhur Guna: Guru, Snigdha Virya: Shita, Vipaka: Madhur Doshakarma: Vata- Pittahara	Anti-Hypoglycemic, anti-inflammatory, antimicrobial, antioxidant

Madhuka Sara	<i>Glycyrrhiza glabra</i>	<i>Leguminosae</i>	Rasa: Madhura Guna: Guru, Snigdha Virya: Shita, Vipaka: Madhur Doshakarma: Tridosahara	anti-fungal, antihypertensive, hepato- protective, anti-cancerous, diuretic activity
Karanja Fruit	<i>Pongamia pinnata</i>	<i>Fabaceae</i>	Rasa: Tikta, Katu, Kashaya Guna: Laghu, Tikshna Virya: Ushna, Vipaka: Katu Doshakarma: Kapha-Vata Shamaka	Antibacterial, antipyretic, hypoglycaemic, wound healing
Bark Haridra	<i>Curcuma longa</i>	<i>Zingiberaceae</i>	Rasa: Tikta, Katu, Guna: Laghu, Ruksha, Virya: Ushna Vipaka: Katu, Doshakarma: Kapha-Pittahara	Anti-inflammatory, antibacterial, antidiabetic, anthelmintic, hepatoprotective, hypo- lipidemic, antihistaminic, antifungal
Daruharidra	<i>Berberis aristata</i>	<i>Berberidaceae</i>	Rasa: Tikta, Kashaya Guna: Laghu, Ruksha, Virya: Ushna, Vipaka: Katu Doshakarma: Kapha- Pittahara	Antibacterial, antidiarrheal, antipyretic, antidiabetic, anticancer, hepatoprotective, anti-inflammatory, antioxidant, antiplatelet, cardiotoxic, antifungal
Lodhra	<i>Symplocos racemosa</i>	<i>Symplocaceae</i>	Rasa: Kashya, Tikta Guna: Laghu, Ruksha Virya: Shita, Vipaka: Katu Doshakarma: Kapha-Pittahara	antimicrobial, anti-diarrheal, anti-cancer, hepatoprotective, anti-oxidant, anti-androgenic, analgesic, Haemostatic, Coagulant, anti-inflammatory

Method of preparation

All ingredients are taken in equal quantity

↓

Cooked with one Dhaka of ghrith

↓

Added with 2 adhaka of water + 3 adhaka of cow and goat urine each

Indications

1. poison,
2. insanity,
3. gara,
4. udara,
5. anemia,
6. epilepsy,
7. jaundice,
8. all types of poisoning
9. parasitic infestation,
10. gulma,
11. splenic disorders,
12. stiffness of thighs,
13. stiffness of jaws and shoulders
14. revival of persons who appear to be dead due to poisons and hanging

Mode of administration

1. drink,
2. massage and
3. inhalation

CONCLUSION

- Amrit *Ghritha* is best for any disorders due to visha.
- It removes all the toxicity of any visha.
- It is applicable as external and Internal.

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