



Review Paper

Review Article of *Mahasugandhadi* Agada

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as science and time is advancing. Different paths based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is a science that has specific doctrines based on which it flourishes. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for Visha is called Agada. So, in this research paper, <i>Mahasugandhadi</i> Agada is one of them. So, this paper aims to present the details of <i>Mahasugandhadi</i> Agada.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 12-06-2024 ▪ Accepted: 06-07-2024 ▪ Published: 05-09-2024 ▪ IJCRM:3(5); 2024: 53-57 ▪ ©2024, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
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Keywords: Agada, Visha, Sarpa, *Agadatantra*, *Mahasugandhadi*, Oushada Yogas

1. INTRODUCTION

According to WHO, the “Drug” is defined as the substance that when taken into the living organism, may modify one of its functions of that organism. In Ayurveda “Drug” has been given more importance for the treatment and prevention of the disease. Charaka has included it under ‘Trisutra of Ayurveda’ (C.Su. 1/24) and considered it at 2nd place in the vital four folds of treatment (C.Su. 9/3). According to Ayurveda, there is nothing in the world that does not have medicinal value even though it is a poison. So, it solely depends upon the physician’s skill to make a drug a beneficial one or a harmful one. The drug is said to be ideal which curing diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach about the complete knowledge of the drugs, right

from the procurement, identification, processing, and its application. Every physician might know the medicinal value of every drug. Along with this, it is a Physician’s responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatment of poisonous cases are known as ‘Agada’. Only a few Oushada Yogas are used at present to treat Snake poisoning. The reason for the above matter is the non-availability and controversy of the ingredients included in the Oushada Yogas mentioned in the classical texts. In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the Agadas (Antidot). *Mahasugandhadi* Agada is one special drug for Visha.

2. MATERIAL AND METHODS

Ayurvedic view of *Mahasugandhadi* Agada. So, details of *Mahasugandhadi* Agada are as follows –

***Mahasugandhadi* Agenda:**

(su.k. 1/ 65-69) (su. K. 6/ 14-27)

चन्दनागुरुणी कुष्ठं तगरं तिलपर्णिकम् । प्रपौण्डरीकं नलदं सरलं देवदारु च ॥१४॥
 भद्रश्रियं यवफलां भार्गी नीलीं सुगन्धिकाम् । कालेयकं पद्मकं च मधुकं नागरं जटाम् ॥१५॥
 पुत्रागैलैलवालूनि गैरिकं ध्यामकं बलाम् । तोयं सर्जरसं मांसीं शतपुष्पां हरेणुकाम् ॥१६॥
 तालीशपत्रं क्षुद्रैलां प्रियङ्गुं सकुटत्रटम् । शिलापुष्पं सशैलेयं पत्रं कालानुसारिवाम् ॥१७॥
 कटुत्रिकं शीतशिवं काश्मर्यं कटुरोहिणीम् । सोमराजीमतिविषां पृथ्विकामिन्द्रवारुणीम् ॥१८॥
 उशीरं वरुणं मुस्तं कुस्तुम्बुरु नखं तथा । श्वेते हरिद्रे स्थौणेयं लाक्षां च लवणानि च ॥१९॥
 कुमुदोत्पलपद्मानि पुष्पं चापि तथाऽर्कजम् । चम्पकाशोकसुमनस्तिवकप्रसवानि च ॥२०॥
 पाटलीशात्मलीशैलुशिरीषाणां तथैव च । कुसुमं तृणमूल्याश्च सुरभीसिन्धुवारजम् ॥२१॥
 धवाश्वकर्णपार्थानां पुष्पाणि तिनिशस्य च । गुग्गुलुं कुङ्कुमं बिम्बीं सर्पाक्षीं गन्धनाकुलीम् ॥२२॥
 एतत् सम्भृत्य सम्भारं सूक्ष्मचूर्णानि कारयेत् । गोपित्तमधुसर्पिर्भिर्युक्तं शृङ्गे निधापयेत् ॥२३॥
 भग्नस्कन्धं विवृताक्षं मृत्योर्दष्टान्तरं गतम् । अनेनागदमुखेन मनुष्यं पुनराहरेत् ॥२४॥
 एषोऽग्निकल्पं दुर्वारं क्रुद्धस्यामिततेजसः । विषं नागपतेर्हन्यात् प्रसभं वासुकेरपि ॥२५॥
 महासुगन्धिनामाऽयं पञ्चाशीत्यङ्गसंयुतः । राजाऽगदानां सर्वेषां राज्ञो हस्ते भवेत् सदा ॥२६॥
 स्नातानुलिप्तस्तु नृपो भवेत् सर्वजनप्रियः । भ्राजिष्णुतां च लभते शत्रुमध्यगतोऽपि सन् ॥२७॥

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28. bile of cow,
29. ghee,
30. honey

Name of the Drug	Latin Name	Family	Properties (Ayurveda)	Properties (Modern)
<i>Chandana</i>	Santalum album	Santalaceae	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: kapha- pitta shamaka	Anti-bacterial, anti-viral, antifungal, antioxidant, antipyretic, haemostatic, cooling
<i>Agru</i>	Aquilaria agalloch	thymelaeaceae	Rasa: katu, tikta Guna: laghu, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	stimulant, antiasthmatic, carminative, tonic, aphrodisiac and astringent
<i>Kushtha</i>	Saussurea lappa	Asteraceae	Rasa: tikta, katu, madhura Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
<i>Yavaphala</i>	Hordeum vulgare	Gramineae	Rasa: Madhur, Kashaya Guna: guru, ruksha, Virya: shita Vipaka: madhur Doshakarma: pitta-kafahara vatakaraka	
<i>Bharangi</i>	Clerodendrum serratum	Verbinaceae	Rasa: Tikta, Kaṭu Guna: ruksha, laghu Virya: ushna Vipaka: katu Doshakarma: kafa- vatahara	anti-bacterial, anti-helminthic, anti-inflammatory
Jata	Nardostachys jatamansi	Valerianaceae	Rasa: tikta, Kashaya, madhur Guna: laghu, snigdha Virya: shita Vipaka: katu Doshkarma: pitta- kafa	Anticataleptic, Antioxidant & Stress-relieving, Nootropic Activity, Antifungal & Antibacterial, Anticancer, Hepatoprotective, Antidepressant
Nagara	Ferula asafoetida	Umbelliferae	Rasa: Kaṭu, Kashaya, tikta Guna: ruksha, laghu Virya: shita Vipaka: katu Doshakarma: pitta- kaphahara, vata karaka	anthelmintic, anti-inflammatory, antispasmodic, carminative, antifungal, antibacterial
Priyangu	Callicarpa macrophylla	Verbenaceae	Rasa: Tikta, Kashaya, Madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: tridoshashamaka	Anti-inflammatory, antibacterial, analgesic, anti-arthritic, antifungal, antidiabetic, Cytotoxic, acute toxicity and phytotoxic activity, Hepatoprotective
<i>Bala</i>	Sida cordifolia	Malvaceae	Rasa: madhur Guna: laghu, snigdha, picchila Virya: shita Vipaka: madhura Doshakarma: tridoshahara	CNS depressant, analgesic, anti-inflammatory, hypotensive, antidiabetic
<i>Toya</i>	Piper nigrum	Piperaceae	Rasa: Kaṭu Guna: laghu, rukha, teekshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
<i>Sarjrasa</i>	Piper longum	Piperaceae	Rasa: Kaṭu, madhur Guna: laghu, snigdha Virya: anushna Vipaka: madhur Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
<i>Punnaga</i>	Plumbago zeylanica	Plumbaginaceae	Rasa: katu Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
<i>Satpushpa</i>	Anethum sowa	Umbelliferae	Rasa: katu, tikta Guna: laghu, tikshna Virya: ushna Vipaka: katu Doshakarma: Kafa- Vatashamaka	diuretic, carminative antibacterial, antiseptic, antispasmodic, cardio depressant, digestive

<i>Elavaluka</i>	Prunus cerasus	Rosaceae	Rasa: kashaya Guna: laghu Virya: shita Vipaka: katu Doshakarma: Kafa- Vatashamaka	
<i>Gairika</i>	Red ochre		Rasa: Madhur, kashya Guna: snigdha Virya: shita Vipaka: madhur Doshakarma: kapha- pitta shamaka	
<i>Dhyamaka</i>	Valeriana pyrolifolia	Caprifoliaceae	Rasa: katu, tikta Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: Kapha- Vatahara	Antibacterial, antioxidant, sedative, hypnotic, antispasmodic, analgesic, antidepressant, anxiolytic
Katunnata	Oroxylum indicum	Bignonaceae	Rasa: madhur, tikta, kashaya Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	anti-inflammatory, diuretic, astringent, expectorant, anti-arthritic, antipyretic, aphrodisiac antifungal and antibacterial, antitumor
Silapushpa	Parmelia perlata	Parmeliaceae	Rasa: tikta, Kashaya Guna: laghu, snigdha Virya: shita Vipaka: katu Doshakarma: Kapha- pittahara	Antibacterial, anti-diabetic, hepatoprotective, antioxidant, cytotoxic
Saileyapatra	Parmelia perlata	Parmeliaceae	Rasa: tikta, Kashaya Guna: laghu, snigdha Virya: shita Vipaka: katu Doshakarma: Kapha- pittahara	Antibacterial, anti-diabetic, hepatoprotective, antioxidant, cytotoxic
Kalanusariva	Trigonella foenum-graecum	Fabaceae	Rasa: Katu, Tikta Guna: Laghu, Snigdha Veerya: Ushna Vipaka: Katu Doshakarma: Kapha- vata hara	antidiabetic, antihyperlipidemic, ant obesity, anticancer, anti-inflammatory, antioxidant, antifungal, antibacterial, galactagogue
Usira	Vetiveria zizanioides	Graminae	Rasa: tikta, madhur Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: vata- pittahara	antibacterial, antifungal, anticataleptic, analgesic and anti-inflammatory, anti-oxidant
Guggulu	Commiphora wightii	Burseraceae	Rasa: tikta, katu Guna: laghu, ruksha, vishada, sookshma, sara Virya: ushna Vipaka: katu Doshakarma: tridosahara	anti-inflammatory, anti-arthritic, anti-hypercholesterolemic, Hypolipidemic, antioxidant, Cardioprotective, Cytotoxic, Antiatherosclerosis, Antifertility, Antihyperglycemic, antimicrobial
Kumkuma	Crocus sativus	Iridaceae	Rasa: katu, tikta Guna: snigdha Virya: ushna Vipaka: katu Doshakarma: tridosahara	antiviral, antimicrobial, antioxidant, anti-cancer, anti-inflammatory
Bimbi	Coccinia indica	Cucurbitaceae	Rasa: tikta Guna: Laghu, Ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	Anti- hyperglycaemic, anti- microbial, anti-inflammatory, analgesic, renoprotective
<i>Sarpakshi</i>	Ophiorrhiza mungos	Rubiaceae	Rasa: katu, tikta Virya: ushna Vipaka: katu	Anti-cancer, antivenom
<i>Musta</i>	Cyperus rotundus	Cyperaceae	Rasa: katu, tikta, kashaya Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: Pittakaphahara, Shleshmaraktajit	Anti-inflammatory, wound healing activity, anti-microbial, anti-platelet, anti-malarial, anti-convulsant, hepatoprotective, ant-obesity, antidiabetic, antioxidant
<i>Haridra</i>	Curcuma longa	Zingiberaceae	Rasa: tikta, katu Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: Kapha-pittahara	Anti-inflammatory, antibacterial, antidiabetic, anthelmintic, hepatoprotective, hypo-lipidemic, antihistaminic, antifungal

Method of preparation**Indications**

- The symptoms that characterize cases of poisoning commencing with "poisoning through poisoned smoke" and ending with that due to the use of "poisoned ornaments" should be remedied with an eye to each of the specific and characteristic indications.
- Snakebite (Vasuki snake bite), Bent shoulders

Mode of administration

- Administered as a drink, unguent, snuff, and Anjana.
- Oral administration, local application.

The action of Yoga

The combination of this yoga has a special action as vishaghna in any *visha* (Jangama or Sthavara) as per the classical reference. In the *phalasaruti*, it is said that the usage of this yoga removes all the toxicity of Sarpa *visha*.

3. CONCLUSION

- *Mahasugandhadiagada* is best for any disorders due to *visha*.
- It removes all the toxicity of Sarpa *visha*.
- It is applicable as external & Internal.

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