



Review Paper

Review Article of *Kshara Agada*Dr. Mallikarjun Vishwanath Biradar^{1*}, Dr. Nitin Urmaliya², Dr. Hariom Parihar³¹Medical officer, Primary Health Center, Ashta Kesar, Tq-Lohara, Dharasiv, Maharashtra, India²Lecturer, Dept. of *Agadatantra*, Govt. Ashtang Ayurved College, Indore, Madhya Pradesh, India³Lecturer, Dept. of *Dravyaguna*, Govt. Ashtang Ayurved College, Indore, Madhya Pradesh, India

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Abstract	Manuscript Information
<p>The science of medicine came into existence with the existence of life because the science of medicine was the need of life and since then it has been developing. Gradually, many diseases are involved as science and time advance. Different paths based on different doctrines with their vivid understandings of the different diseases tried to give specific theories. Ayurveda is such a science that has specific doctrines based on which it flourishes. Its diagnostic approach is based on Nidana Panchaka. In Ayurveda, a special drug for <i>Visha</i> is called <i>Agada</i>. So, In this research paper, <i>Kshara Agada</i> is one of them. So, this paper aims to present the details of <i>Kshara Agada</i>.</p>	<ul style="list-style-type: none"> ▪ ISSN No: 2583-7397 ▪ Received: 12-06-2024 ▪ Accepted: 09-07-2024 ▪ Published: 06-09-2024 ▪ IJCRM:3(5); 2024:63-69 ▪ ©2024, All Rights Reserved ▪ Plagiarism Checked: Yes ▪ Peer Review Process: Yes
	<p>How to Cite this Manuscript</p> <p>Mallikarjun Vishwanath Biradar, Nitin Urmaliya, Hariom Parihar. Review Article of <i>Eksara Agada</i>. International Journal of Contemporary Research in Multidisciplinary.2024; 3(5): 63-69.</p>

Keywords: *Eksara*, *Visha*, Antidot, *Agadatantra*, *Kushtha*, *Oushada Yogas***INTRODUCTION**

The drug is said to be ideal which cures diseases without any side effects. Emphasizing this fact, Ayurveda gave a comprehensive approach about the complete knowledge of the drugs, right from the procurement, identification, processing, and its application. Every physician might know the medicinal value of every drug. Along with this, it is a Physician's responsibility to know the medicinal properties of the drugs clinically i.e. by experience. Drugs that are specifically used for the treatment of poisonous cases are known as 'Agada'. Only a few *Oushada Yogas* are used at present to treat Snake

poisoning. The reason for the above matter is the non-availability and controversy of the ingredients included in the *Oushada Yogas* mentioned in the classical texts. In Ayurveda, there are eight branches. *Agadatantra* is one branch among the eight branches. *Agadatantra* mainly deals with the *Agadas* (Antidot). *Kshara Agada* is one special drug for *Visha*.

MATERIAL AND METHODS

Ayurvedic view of *Kshara Agada*. So, details of *Kshara Agada* are as follows:

Kshara agada (su. K. 6/3)

Contents:

Name	Latin name	Family	Properties (Ayurved)	Properties (Modern)
Dhava ,	<i>Woodfordia fruticosa</i>	Lythraceae	Rasa: kashaya Guna: rooksha, laghu Virya: shita Vipaka: katu Doshakarma: pitta- kafa shamaka	Antimicrobial, Immunomodulatory, Hepatoprotective, Cardioprotective, Antioxidant, Antiulcer, Antifertility, Anti-tumor, Analgesic, Antihyperlipidemic, Anti-inflammatory, Anti-hyperglycaemic, Anthelmintic
Asana,	<i>Pterocarpus marsupium</i>	Fabaceae	Rasa: kashaya, tikta Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: kapha- pitta shamaka	Astringent, Anti-inflammatory, Antibacterial, Blood purifier, Antioxidants, Anthelmintic, Antipyretic, Spasmodic actions
Tinisha,	<i>Ougeinia dalbergioides</i>	Fabaceae	Rasa: kashaya Guna: laghu, ruksha Virya: shita Vipaka : katu Doshakarma: kafa- pittahara	anti-inflammatory, hypotensive action, antioxidant activity, hepatoprotective, anthelmintic
Madanaphala,	<i>Randia dumetorum</i>	Rubiaceae	Rasa: madhur, tikta Guna: Laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: vata- kafahara	Anti- Anti-inflammatory, Analgesic, and wound cleansing, antiviral, antifungal, and antibacterial
Palasha,	<i>Butea monosperma</i>	Fabaceae	Rasa: Kashaya, Katu, Tikta Guna: Laghu, Ruksha Virya: Ushna Vipaka: Katu Doshakarma: Kapha, Vatashamak and Pittakar	Anti-diarrheal, Anthelmintic, Anti-diabetic, Anti-stress, Anticonvulsant, Anti-inflammatory, Anti- Implantation, Antifungal, antimicrobial, hepatoprotective, antioxidant, wound- healing, anticancer, antitumor
Amratarka,	<i>Spondias mangifera / Spondias pinnata</i>	Anacardiaceae	Apakva phala: Rasa:Amla Guna: Guru Virya: Ushna Vipaka: Katu dosha karma: vatahara Pakva phala: Rasa: Kashaya Guna: Guru Virya: Shita Vipaka : Madhura Doshakarma: vata- pittahara	anti-allergic, cardiovascular, nephroprotective, antiparasitic, hypoglycaemic, analgesic, and antipyretic
Arjuna ,	<i>Terminalia arjuna</i>	Combretaceae	Rasa: Kashaya Guna: laghu, ruksha Virya: Shita Vipaka : katu Doshakarma: pitta- kafahara	Cardiotonic, antidysentric, anti- hypertensive, diuretic
Paribhadra,	<i>Erythrina Variegata</i>	Fabaceae or Papilionaceae	Rasa: Katu, tikta Guna: laghu Virya: ushna Vipaka : katu Doshakarma: vata- kafahara	Antispasmodic, anti- inflammatory, CNS depressant, anti- convulsant
Lodhra,	<i>Symplocos racemosa</i>	Symplocaceae	Rasa: kashya, tikta Guna: laghu, ruksha Virya: shita Vipaka: katu Doshakarma: Kapha-pittahara	antimicrobial, anti-diarrheal, anti-cancer, hepatoprotective, anti-oxidant, anti-androgenic, analgesic, Haemostatic, Coagulant, anti-inflammatory
Kapittha,	<i>Feronia limonia</i>	Rutaceae	Rasa: madhur, amla Guna: guru, snigdha Virya: shita Vipaka: madhura Doshakarma: vata- pitta shamaka	antibacterial, antiviral, anti-diarrheal, gastro-protective, anti-ulcerative colitis, hepatoprotective, antidiabetic, cardioprotective
Kutaja,	<i>Holarrhena antidysentrica</i>	Apocyanaceae	Rasa: tikta, kashya Guna: laghu, ruksha Virya: shita Vipaka: katu	anti diarrhoeal, anti- helminthic, antipyretic, antitussive and anti- inflammatory

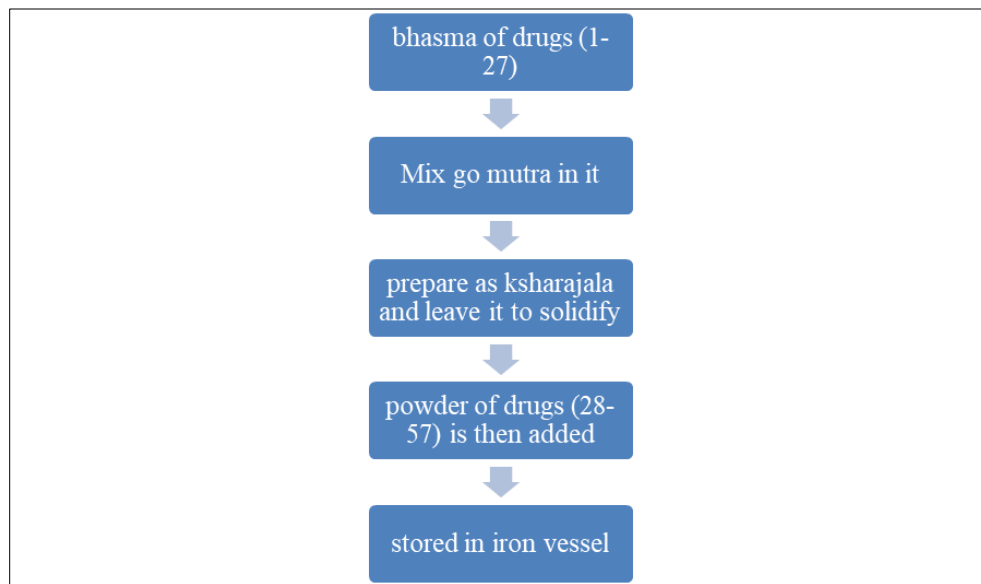
			Doshakarma: kafa pittahara	
Ankola,	<i>Alangium salviifolium</i>	Cornaceae	Rasa: tikta, katu, kashya Guna: laghu, snigdha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- pittahara	anti-inflammatory, aphrodisiac, anticancer, immunostimulant, cardiotoxic, antifertility, anti-ulcer
Karanja,	<i>Pongamia pinnata</i>	Fabaceae	Rasa: tikta, Katu, kashaya Guna: laghu, Mishna Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Antibacterial,, antipyretic, hypoglycaemic, wound healing
Amalaki,	<i>Embellica officinalis</i>	Euphorbiaceae	Rasa: madhura, amla Guna: guru, ruksha Virya: ushna Vipaka: amla Doshakarma: Tridoshaghna Pittahamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Bujapatra,	<i>Betula utilis</i>	Betulaceae	Rasa: kashaya Guna: laghu Virya: ushna Vipaka: katu Doshakarma: Tridoshaghna	Anti- inflammatory, anti- fertility, antimicrobial, and antioxidant
Shami,	<i>Prosopis spicigera / Prosopis cineraria</i>	Mimosaceae/ Fabaceae	Rasa: kashaya, madhura Guna: laghu, ruksha Virya: shita Vipaka : katu Doshakarma: kafa-pittahara	Antioxidant, antiinflammatory, anticonvulsant, antifungal, anticancer, antidiabetic, hypolipidemic, abortifacient
Shleshmataka,	<i>Cordia dichotoma</i>	Boraginaceae	Rasa: madhura (bark- kashaya, tikta) Guna: guru, snigdha, picchila Virya: shita Vipaka : madhur (bark-katu) Doshakarma: vata- pittahara (bark- kafa- pittahara)	Anti-microbial, antifungal, antidiabetic
Ashmanta,	<i>Cissus quadrangularis</i>	Vitaceae	Rasa: katu, madhura Guna: laghu, ruksha, sara Virya: ushna Vipaka : katu Doshakarma: vata- kafahara	Analgesic, anti- inflammatory, anti- osteoporotic, anti-oxidant, anti- ulcer, bone healing, CNS depressant
Gojihwa,	<i>Onosma bracteatum/ Launaea aspleniifolia</i>	Boraginaceae/ Asteraceae	Rasa: madhur, tikta, kashaya Guna: laghu, snigdha Virya: shita Vipaka : madhura Doshakarma: kafa-pittahara	Anti- bacterial, psychoimmunomodulatory, anti-microbial, anti- diarrheal
Kantaka,				
Chirabilwa,	<i>Holoptelea integrifolia</i>	Ulmaceae	Rasa: tikta, kashaya Guna: Laghu, tikshna Virya: ushna Vipaka: Katu Doshakarma: kafa- pittahara	Anti-inflammatory, carminative, laxative, anti-helminthic, larvicidal, anti- convulsant,
Arka,	<i>Calotropis procera</i>	Asclepiadaceae	Rasa: madhur, tikta Guna: laghu, snigdha, sara Virya: ushna Vipaka: katu Doshakarma: kafanashaka	hepatoprotective, cytotoxic, anti-diabetic, analgesic, anti-inflammatory, anti-arthritis, antioxidant, anthelmintic, wound healing, and anti-tumor
Shonyaka,	<i>Oroxylum indicum</i>	Bignoneae	Rasa: madhur, tikta, kashaya Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	anti-inflammatory, diuretic, astringent, expectorant, anti-arthritis, antipyretic, aphrodisiac antifungal and antibacterial, antitumor
Manjishta ,	<i>Rubia cordifolia</i>	Rubiaceae	Rasa: tikta, kashya, Madhura Guna: guru, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa pittahara	anti inflammatory, analgesic and antioxidant
Shigru,	<i>Moringa oleifera</i>	Moringaceae	Rasa: Katu, Tikta Guna: laghu, Ruksha, Tikshna Virya: ushna	potent laxative, astringent, purgative, anti-bilious and anti-oxidant, rejuvenative, astringent, purgative,

			Vipaka: katu Doshakarma: kapha-vata shamaka	stomachic, and laxative. It is useful in asthma, piles, and cough
Gopagontha,				
Karaveera,	<i>Nerium Indicum</i>	Apocynaceae	Rasa: Katu, Tikta Guna: laghu, Ruksha Virya: ushna Vipaka: katu Doshakarma: kapha-vata shamaka	Abortifacient, antibacterial, antiseptic, anti-inflammatory, CNS Depressant, antiulcer, fungicidal, insecticidal, larvicidal, parasiticidal, rodenticidal
Gomutra				
Pippali,	<i>Piper longum</i>	Piperaceae	Rasa: Kaṭu, madhur Guna: laghu, snigdha Virya: anushna Vipaka: madhur Doshakarma: kapha-vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Gajapippali,	<i>Scindapsus officinalis</i>	Araceae	Rasa: Kaṭu Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kapha shamaka	Antioxidant, anti- cancer, anti- nociceptive, hepatoprotective, antibacterial
Koshamra,	<i>Schleichera oleosa</i>	Sapindaceae	Rasa: amla Guna: guru Virya: ushna Vipaka: katu Doshakarma: vata- kapha shamaka	Antioxidant, antimicrobial, anti- pyretic, anti- pruritic
Saptaparna,	<i>Alstonia scholaris</i>	Apocynaceae	Rasa: tikta, kashaya Guna: laghu, snigdha Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	Antibacterial, anti- diabetic, anti- hyperlipidemic, laxative, antipyretic, stomachic, cardiostonic, analgesic, anticancer, hepatoprotective, anti-inflammatory, antibacterial, wound healing
Elavaluka,	<i>Prunus cerasus</i>	Rosaceae	Rasa: kashaya Guna: laghu Virya: shita Vipaka: katu Doshakarma: Kafa- Vatashamaka	
Varanga,	<i>Cinnamomum cassia</i>	Lauraceae	Rasa: katu, tikta, madhur Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: vata- kafahara, pittakara	immunosuppressive, antidiabetic, antibacterial, antiparasitic, antimicrobial, anti-HIV, antiulcer, antidiabetic, hyperlipidemic, anti-inflammatory, immunomodulatory, antitumour, antityrosinase, antioxidant, hepatoprotective, gastroprotective
Ela,	<i>Elettaria cardamomum</i>	Scitamineae	Rasa: katu, Madhur Guna: laghu, ruksha, Virya: shita Vipaka: katu Doshakarma: Kapha- Vatahara	antiallergic and anti-inflammatory, antiseptic
Manjishta,	<i>Rubia cordifolia</i>	Rubiaceae	Rasa: tikta, kashya, Madhura Guna: guru, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa pittahara	Anti- inflammatory, analgesic and antioxidant
Kushta,	<i>Saussurea lappa</i>	Asteraceae	Rasa: tikta, katu, madhura Guna: laghu, ruksha, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamak	Laxative, Diuretic, Stimulant, and Alternative, Anti-convulsant, Anti-hysterical, Digestant, Carminative, Appetizer, Analgesic, Uterine stimulant, Emmenagogue, Lactagogue
Jalavetasa,	<i>Salix tetrasperma</i>	Salicaceae	Rasa: kashaya Guna: ruksha Virya: shita Vipaka: katu Doshakarma: kafa shamak, vatahara	Antimicrobial, antioxidant, cytotoxic, analgesic, anti-inflammatory, anti- pyretic, laxatives, diuretic

Shyonaka,	<i>Oroxylum indicum</i>	Bignonaceae	Rasa: madhur, tikta, kashaya Guna: laghu, ruksha Virya: ushna Vipaka: katu Doshakarma: kafa- vata shamaka	anti-inflammatory, diuretic, astringent, expectorant, anti-arthritic, antipyretic, aphrodisiac antifungal and antibacterial, antitumor
Vidanga,	<i>Embelia ribes</i>	Myrsinaceae	Rasa: katu, kashaya Guna: laghu, ruksha, teekshna, sara Virya: ushna Vipaka: katu Doshakarma: kapha- vata shamaka	Antioxidant, Anti-inflammatory, Cardioprotective, Hepatoprotective
Atasi,	<i>Linum usitatissimum</i>	Linaceae	Rasa: madhur, tikta Guna: guru, snigdha, picchila Virya: ushna Vipaka: katu Doshakarma: vata shamaka	anti – inflammatory, anti – ageing, anti- cancer
Sariva,	<i>Hemidesmus indicus</i>	Asclepiadaceae	Rasa: madhur, tikta Guna: guru, snigdha Virya: shita Vipaka: madhur Doshakarma: tridosahara	Alterative, Tonic, Demulcent, Diaphoretic, Diuretic, Antiallergic, antipyretic, antimicrobial, anticancer, rejuvenative
Sarshapa,	<i>Sinapis alba</i>	Brassicaceae	Rasa: Kātu, tikta Guna: laghu, snigdha Virya: ushna Vipaka: madhura Doshakarma: kapha-vata shamaka, pittakara	antiallergic and anti-inflammatory, anti-toxic, antihelminthic, antibacterial, antiseptic
Tanduliya,	<i>Amaranthus spinosus</i>	Amaranthaceae	Rasa: madhur Guna: laghu, ruksha Virya: shita Vipaka: madhura Doshakarma: pitta- kafahara	cooling, digestible, alexiteric, laxative, diuretic, stomachic, antipyretic, improves the appetite, anti-cancer
Devadaru,	<i>Cedrus deodara</i>	Pinaceae	Rasa: tikta, katu, kashaya Guna: ruksha, laghu Virya: ushna Vipaka: katu Doshakarma: Kapha- vatahara	anti-allergic and anti-inflammatory, anticonvulsant, antiulcer, carminative, analgesic, antimicrobial
Saralakashtha,	<i>Pinus longifolia / Pinus roxburghii</i>	Pinaceae	Rasa: katu, tikta, kashaya Guna: laghu, snigdha, tikshna Virya: ushna Vipaka: katu Doshakarma: Kapha- vatahara	Anti- helminthic, antiseptic, aromatic, carminative, diuretic, stimulant, liver tonic
Plaksha,	<i>Ficus virens</i>	Moraceae	Rasa: kashaya Guna: guru, ruksha Virya: shita Vipaka : katu Doshakarma: kafa- pittahara	Anti- inflammatory, anti- ulcer, anti- arthritic, hepatoprotective
Gruhadhuma				
Nagadanti,	<i>Croton oblongifolius</i>	Euphorbiaceae	Rasa: katu Guna: guru, tikshna Virya: ushna Vipaka: katu Doshakarma: kafa- pitta shamaka	Hepato-protective, Purgative
Dravanti,	<i>Croton Tiglium</i>	Euphorbiaceae	Rasa: katu Guna: guru, ruksha, tikshna Virya: ushna Vipaka : katu Doshakarma: kafa- pittahara	antihelminthic, anti-inflammatory, drastic purgative, expectorant, diaphoretic, vermifuge and carminative
Jalavetas,	<i>Salix tetrasperma</i>	Salicaceae	Rasa: kashaya Guna: ruksha Virya: shita Vipaka: katu Doshakarma: kafa shamak, vatahara	Antimicrobial, antioxidant, cytotoxic, analgesic, anti-inflammatory, anti- pyretic, laxatives, diuretic
Varuna,	<i>Crataeva nurvala</i>	Capparidaceae	Rasa: tikta, kashaya Guna: laghu, ruksha Virya: ushna	Diuretic, laxative, anti- inflammatory, anti- ageing, antimicrobial, anti-diabetic, antidiarrhoeal, antimalarial, anti-fertility, antiuroliathitic, Antibacterial,

			Vipaka: katu Doshakarma: kapha- vata shamaka	Anthelmintic, Antinociceptive, Hepatoprotective, Antimalarial, antioxidant, Wound healing activity, Analgesic, Cardioprotective
Vacha,	<i>Acorus Calamus</i>	Acoraceae	Rasa: Katu, Tikta Guna: Laghu, Tikshna Virya: Ushna Vipaka: Katu Dosha Karma: Vata- Kaphahsama, Pittavardhak	Nootropic Activity, Anti-diabetic, Anti-Obesity, Antihypertensive, Antidepressant, Anti-Inflammatory and Immunomodulatory, Neuromodulatory Effect, Anti-seizures
Eranda,	<i>Ricinus communis</i>	Euphorbiaceae	Rasa: Madhur, Katu, Kashaya Guna: snigdha, sukshma, Tikshna Virya: Ushna Vipaka: madhur Dosha Karma: Vata- Kapha shamaka	antioxidant, anti-inflammatory, anti-diabetic, central analgesic, antitumor, anti-nociceptive, antiasthmatic
Bilwa,	<i>Aegle marmelos</i>	Rutaceae	Rasa: katu, tikta, kashaya Guna: grahi, snigdha, tikshna Virya: ushna Vipaka: katu Doshakarma: tridosha-shamaka	anti-inflammatory, anti-diarrheal, antipyretic, antiscorbutic
Loha			Rasa: madhur, amla, katu, tikta Guna: guru, shita Virya: shita Vipaka: katu Doshakarma: kafa- pittahara	Anti- helminthic, aphrodisiac, anti- asthmatic, anti-diabetic

Method of preparation:



Indications:

- Sthavara and Jangama Visha
- urinary gravel
- calculus, piles, abdominal tumor
- cough, pain, enlargement of abdomen
- indigestion, duodenal disease,
- aversion to food
- dropsy, ulceration of the mouth
- Severe dyspnea.

Mode of Administration:

- Pana,
- Nasya,
- Abhyanga,
- to be applied to musical instruments and other articles

CONCLUSION

- *Kshara* agada is best for any disorders due to any visha.
- It removes all the toxicity of Jangama.
- It is applicable as external & Internal.

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